



Since 1951

## B.J. VANIJYA MAHAVIDYALAYA

(Autonomous)

(Grant-in-Aid)

(Affiliated to Sardar Patel University)

Vallabh Vidyanagar- 388 120, Dist. Anand, Gujarat, India

Accredited with CGPA of 2.78 on four-point scale at B++ Grade by NAAC

Syllabus as per the NEP 2020 with effect from - December 2025

**Bachelor of Commerce (B.Com.)**

**Semester – IV**

<b>Course Code SEC</b>	UB04VACOM01	<b>Title of the Course</b>	NCC Army – II
<b>Total Credits of the Course</b>	<b>02</b>	<b>Hours per Week</b>	<b>02</b>

<b>Course Objectives:</b>	To impart basic knowledge of Social Awareness and Community development, social skills, health and Sanitation, Yoga, and Exercises.
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<b>Course Content</b>		
<b>Unit No.</b>	<b>Description</b>	<b>Weightage (%)</b>
1.	<b>Social Awareness &amp; Community Development:</b> Basics of Social Service, Contribution of Youth towards Social Welfare, Family Planning, Counter Terrorism, Corruption, Social Evils, Causes & Prevention of HIV/ AIDS, Civic Responsibilities, NGOs: Role & Contribution. <b>Social Skills:</b> Introduction, Etiquette: Meaning, Types of Etiquettes Mannerisms: Meaning, Bad Manners, Improving Social Skills.	50%
2.	<b>Hygiene And Sanitation:</b> <b>Hygiene:</b> Introduction, Personal Hygiene, Water Supply and Its Purification, Food Hygiene. <b>Sanitation:</b> Definition, Types Of Waste Products / Refuse, Sources of Refuse, Disposal of Waste Products /Refuse, Disposal of Human Waste, Disposal of Sewage. <b>Yoga and Exercises:</b> Introduction, Historical perspective and purpose of Yoga, Potential benefits of Yoga, Potential problems of Yoga.	50%



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<b>Teaching-Learning Methodology</b>	Teacher- learner-Centered Focused Interactive / Participative
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### **Internal and External Examination Evaluation**

<b>Sr. No.</b>	<b>Details of the Evaluation / Exam Pattern</b>	<b>50 Marks (%)</b>	<b>25 Marks (%)</b>
<b>1</b>	<b>Class Test (at least one)</b>	<b>15 (30%)</b>	<b>10 (40%)</b>
<b>2</b>	<b>Quiz (at least one)</b>	<b>15 (30%)</b>	<b>05 (20%)</b>
<b>3</b>	<b>Active Learning</b>	<b>05 (10%)</b>	----
<b>4</b>	<b>Home Assignment</b>	<b>05 (10%)</b>	<b>05 (20%)</b>
<b>5</b>	<b>Class Assignment</b>	<b>05 (10%)</b>	----
<b>6</b>	<b>Attendance</b>	<b>05 (10%)</b>	<b>05 (20%)</b>
<b>Total Internal (%)</b>		<b>50 (100%)</b>	<b>25 (100%)</b>
<b>Final Examination (%)</b>		<b>50 (100%)</b>	<b>25 (100%)</b>

<b>Sr. No.</b>	<b>Course Outcomes: Having completed this course, the learner will be able to</b>
<b>1)</b>	To make NCC as an important part of the society.
<b>2)</b>	To teach positive thinking and attitude to the youths.
<b>3)</b>	To develop a sense of social harmony among the students and to inform them about the ways to remove them by giving information about social evils.
<b>4)</b>	To prepare good citizens who are useful to the society.
<b>5)</b>	To explain the importance of hygiene for a healthy life.
<b>6)</b>	To explain the importance of exercise and yoga in personal life.

<b>Sr. No.</b>	<b>Suggested References:</b>
<b>1)</b>	Cadet's Hand Book Common Subject, All Wings, By DGNCC, New Delhi.
<b>2)</b>	Cadet's Hand Book Specialized Subject, Army, By DGNCC, New Delhi.

<b>Sr. No.</b>	<b>On-Line Resources available that can be used as Reference Material</b>
<b>1)</b>	Indiancc.nic.in
<b>2)</b>	DGNCC Training App

