# SAMRUDHHI

2021-22

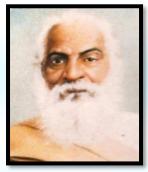




BHIKHABHAI JIVABHAI VANIJYA MAHAVIDYALAYA
(Managed by Charutar Vidya Mandal)
Vallabh Vidyanagar

BJVM's E-Magazine

# **CVM VISIONARIES**



Vir Vitthalbhai Z Patel



Sardar Vallabhbhai Patel



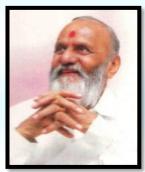
Shri Bhaikaka



Shri Bhikhabhai



Shri H. M. Patel



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Er. Bhikhubhai B. Patel Chairman



कर्मण्येवाधिकारस्ते



Shri Manishbhai S. Patel Vice - President



Dr. Shantibhai. G. Patel Hon. Secretary



Shri Mehul D. Patel Hon. Jt. Secretary



Shri Rameshbhai. C. Talati Hon. Jt. Secretary

# "SAMRUDHHI" 2021-22



#### **Chief Editor**

Dr. Ketaki Sheth Principal

#### **Editor**

Dr. Rupal Patel Asso. Professor

#### **Editorial Board**

Dr. A. J. Dholariya Dr. A. D. Gaur Mr. H. D. Yadav

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Er. Bhikhubhai B. Patel, Chairman, Charutar Vidya Mandal

### From the Chairman's Desk

Every year BJVM college publishes Annual E-Magazine 'SAMRUDDHI' to highlight the college progress and development, to acknowledge the past achievements and welcome the future in right direction. I am quite pleased to learn about the forthcoming issue of college E-magazine and it is a matter of pride that the college E-magazine committee has put in their best efforts to bring out it for the academic year 2021-22. The E-magazine, I feel, will mirror the creative and innovative ideas of both the teachers and the students. The articles published in it, I hope, will be of contemporary relevance. I do appreciate and applaud the editorial team for bringing out this E-magazine as per schedule, which in itself is an achievement considering the effort and time required. I wish they keep on progressing more in future and maintain the spirit.



**Shri Manishbhai S. Patel** Vice – President, Charutar Vidya Mandal

# From the Vice – President's Desk

We are all proud that B. J. Vanijya Mahavidayalya has completed 70 academic years and enriched the lives and lifestyles of thousands of students and staff. It provides evidences of showing progress made by the students of this college. In addition to the numerous achievements of the institute this is yet another benchmark in their curricular and co-curricular activities.

I take this opportunity to congratulate the principal Dr. Ketaki Sheth and her team of committed staff members for their devotion towards value-based quality teaching and sustained efforts to ensure that each student is cared for in the college.

I heartily wish good luck and all happiness to all students of batch 2021-22.



**Dr. S. G. Patel,** Hon. Secretary, Charutar Vidya Mandal

## From the Hon. Secretary' Desk

A college magazine reflects the consolidated efforts of the teachers and the students to contribute articles to the magazine in a creative manner. It will also exhibit the latent talents of the teachers and the students as story tellers, poets, essayists and so on. I can understand the hard work undertaken by the E-magazine committee to make it a reality in a meaningful way. I congratulate the convener and the committee members on their successful effort to bring out the E-magazine for the academic year 2021-22.

I congratulate the Principal Dr. Ketaki Sheth and her team for their tireless efforts that have come to fruition in the form of 'SAMRUDDHI'. I wish it all success and hope that this tradition that has been set by current students will be carried through by the following generation of students to come.



**Shri R. C. Talati,**Hon. Jt. Secretary Charutar Vidya Mandal

# from the Hon. Jt. Secretary's Desk

It is matter of pride quite exciting to know that B. J. Vanijya Mahavidayalya has completed 70 academic years and enriched the lives and lifestyles of thousands of students and staff. I take this opportunity to congratulate the principal Dr. Ketaki Sheth and her team for bringing out its Annual E-Magazine 'SAMRUDDHI'. Efforts of contributors and E-Magazine team are indeed commendable. Students would realize that BJVM has given a lot of things and also a lot of opportunities I am confident that contents of 'SAMRUDDHI' will be appreciated by all. I heartily wish good luck and all happiness to all students of batch 2021-22.



**Dr. Ketaki Sheth**Principal, BJVM

### From the Principal's Desk

Educating the mind without educating the heart is no education at all. '(Aristotle). BJVM publishes its Annual E-Magazine 'SAMRUDDHI' which is a mirror of the college life and reflects, the literacy, Educational and sports activities going on in the college. It shows the activities of students in the field of their extracurricular activities as well as in their academic ventures. I am elated at the publication of college E-magazine for the academic year 2021-22. I sincerely hope that the E-magazine proves to be an enjoyable and useful apparatus in the hands of both students and teachers of the college. I am also confident that it will serve as a source of inspiration for the teachers as well as the students to contribute articles regularly to the E-magazine in future. I whole-heartedly congratulate the convener and the committee members on their successful endeavor to bring out the E-magazine.



Smt. Jayshree Parmar, Assistant Professor, BJVM

# From the Vice-President 's Desk

I am very happy to share that BJVM is publishing yet another issue of "SAMRUDDHI" 2021-22. 'Samruddhi' magazine showcases the talents of our faculty members and students. It aims at providing a platform to the students to explore their latent capabilities, talent and to express their creativity. Also, the aim is to develop their writing skills and the overall development of students. I appreciate for valuable contribution of faculties and students. I congratulate the editorial team for making 'Samruddhi' magazine innovative, informative and inspiring. I heartily wish good luck and all happiness to all the students. Wishing the E-magazine, a lasting Success.



**Dr. Rupal Patel,**Associate Professor, BJVM

# From the Editor's Desk

The E-magazine committee is glad to note that many of the teachers and the students have evinced interest in the magazine by contributing creatively and interesting in the form poems, stories, topics related to various branches of knowledge in Guajarati, Hindi and in English. This issue is treasures of the items not only mirror the creative talents of the contributors but also their analytical thinking. The committee deems it an honor to congratulate all of them. We, the committee members, express our deep sense of gratitude to the Principal, Dr. Ketaki Sheth for giving us an opportunity to bring out the E-magazine. We are also grateful to our CVM Chairmen, Secretary and Jt. Secretary for their constant encouragement and support in our endeavor to bring out the E-magazine. We are also thankful to our colleagues for their cooperation. We strongly hope that the magazine will be received well by one and all.

Being the Editor of the Bhikhabhai Jivabhai Vanijya Mahavidyalaya (BJVM) annual E-magazine SAMRUDDHI, it gives me great pleasure to bring to you 2021-22 current issue. Samruddhi is designed to present to its readers the events that have gone by this year. The E-magazine showcases the talents of our faculty members and students. With sense of pride and satisfaction I would like to say that with the active support of management, faculty and students, Samruddhi has come alive. With all the efforts and contributions put in by the students, I truly hope that the pages that follow will make some interesting reading. I congratulate the editorial team for making Samruddhi innovative and inspiring. Samruddhi is a platform where your masterpiece will surely find a place. Our team is constantly working to gather the talent within each of you and display it to the world. Working for this E-magazine and being able to read a diverse variety of thoughts and emotions from people of different age groups has made us realize that people may have a flare for writing irrespective of their areas of academic pursuit. It also proved to us that everyone should discover their hidden talents and pursue their passion irrespective of their age or their career. We, the Samruddhi team, are proud to present to you this year's E-Magazine. Turnover and Read on!





#### ♦ Bhikhabhai Jivabhai Vanijya Mahavidyalaya

- Bhikhabhai Jivabhai Vanijya Mahavidyalaya (BJVM) is named after grandfather of Shri Upendrabhai M. Patel, the Chairman of Shree Dinesh Mills Ltd., Vadodara. Bhikhabhai Jivabhai Patel the donor hailed from village Ode. He started his career as a humble teacher getting meager salary of rupees 12, who later became the Manager of Rajpura Mills and then the founder of New Rajpura Mills.
- Late Shri Bhaikaka approached him with the purpose to obtain donation which late Shri Bhikhabhai Jivabhaireadily and happily gave. With the help of this donation it was possible to establish the present Commerce College-BJVM. The donor became successful industrialist with his innate capacities, understanding and substantial hard work, and started Textile mills in Ahmedabad.
- His secondgeneration members Shri Upendrabhai, Shri Girishbhai, Shri Bharatbhai further developed the business and diversifiedit by successfully managing Shree Dinesh Mills Ltd., Now; they are exporting woolen clothes and enjoy prime status among industrialists.
- The foundation stone of BJVM was laid by Dr. Rajendra Prasad, the First President of India on October 16,1950 and was inaugurated by Shri Kasturbhai Lalbhai, a renowned industrialist of Gujarat.
- The college started functioning from June 15,1951 with an enrolment of 51 students in its B. Com. Course. Over the years, it has grown in all dimensions and has become the torch-bearer in academic field.
- Being the pioneer institute, to launch BBA programme in the whole of Western region the college is still very serious about conducting the Personality and Character-Building activities on regular basis.
- These include tour and adventure, games and athletics, cultural programme, debate, elocution, discussions and lectures, career planning and placement, study visits, Business Battle and field trips. Our college results are higher than that of university.

#### ♦ VISION

• To add significantly to our enduring civilization tradition of pioneering excellence in learning, knowledge, enlightenment and self-realization, in a universally relevant context.

#### **♦** MISSION

• We dedicate ourselves to the perpetuation of our Founders' Vision of providing the infrastructure, facilities, operation conditions and over all environment conductive to the Education of young scholars, along with the desired physical, mental and character building inputs; we firmly renew our commitment to providing value added, globally relevant Education with an emphasis on the basic Commerce and Techno-Management domain, to ensure that our scholars fruitfully exercise their knowledge, skills and values in the global economy.





#### ♦ OBJECTIVES

- To create and nourish a stimulating learning environment that ensures globally relevant Education based on Eternal human values.
- To forge and reward excellence in the curricular as well as the non-curricular sectors so as to ensure the scholars' global competitiveness.
- To tap, nurture and unleash the innovative entrepreneurial abilities of scholars and thereby ensure lifelong socio-economic value addition.
- To evoke and embellish the finest traits of human excellence that goes on to dovetail into a sustainable career growth curve in commerce and management.
- To affiliate, associate, liaise or otherwise synergize with any Institution Body, Entity, Ethno-Cultural Diaspora and the overall global fraternity in any form whatsoever, in support of the above, and
- To initiate, consolidate and extrapolate any objectives, functions and activities in support of the above.

"BJVM has been Accredited by National Assessment and Accreditation Council (NAAC), Bangalore"

#### ◆ Governance and Administration ◆

#### ♦ Charutar Vidya Mandal

CVM and its institutions have a long history of performance. This can be very well attributed to its dynamic stewardship, activating efforts of principals, the learned and well-versed pedagogies, complimentary administrative and office staff and above all, the foresightedness of those who are at the helm of affairs of C.V.M. and the excellent teamwork of all the concerned.

#### ♦ B.COM. Programme

B. Com course is offered both in English and Gujarat! mediums. At present, the course offers two elective subjects, viz.; Advanced Accounting & Auditing or Advanced Banking or Business Management. Advanced Accounting can be opted both in Gujarat! And English medium, Banking only in Gujarati and Management only in English medium.

#### ♦ B.B.A. Programme

As a part of the first initiator of this programme in western region, a unique graduate level course offered to the students for BBA degree. It is a distinct programme in Management Studies aiming at offering students the vast opportunities to get employment as executives at junior or middle levels of management in business and industrial concerns. It prepares students to develop skills to identify, analyze and solve managerial problems effectively. The committed faculty inspires the BBA pursuant to produce their best of performance, withstand and adapt to changes, take up challenges and translate their dreams into realities. With passing away of economically gloomy period, number of career options and jobs will mushroom in a short span of time. As we believe in discipline, dedication and determination, students who get BBA degree from here stand a greater chance of being suitably placed.





#### ♦ The Programme offers following Electives ♦

- Advanced Marketing Management
- Advanced Financial Management
- Advanced Human Resource Management
- Export Management

#### ♦ Certificate Courses

- Certificate Course in English
- Certificate Course in Tally ERP-9 with GST

#### ◆ The Industrial Visit Perspective at BJVM

• Industrial visit is a part of the BBA Programme, during which students visit companies and get insight of on the internal working environment of the company. The industrial visit also provides an insight on how companies work and also useful information related to the practical aspects of the course which cannot be visualized in lectures. The main reason behind this - it lets students to know things practically through interaction, working methods and employment practices. Moreover, it gives exposure from academic point of view.

#### Computer Acquaintance and Training

The Need for computer literacy can hardly be over emphasized. It is an integral part of higher education. It's a boon to modern business and industry. Looking to this, it's imperative for the BBA students to pursue computer education throughout their stay for three years. The Prin. S. M. Patel Computer Centre also offers following diploma and certificate courses.

#### ♦ Computer Courses

- ♦ Certification Course in Computer Application
- ♦ Diploma in Computer Application
- ♦ Advanced Diploma in Computer Application





#### ♦ Career Planning & Students' Counseling Cell

The college has Students' Counseling Cell for all the three years. The purpose is to help and guide students in such matter as studies, study material, career advancement and planning, job hunting, preparing for various competitive examinations and sorting out personal and social problems. Students could freely talk to and have a dialogue with the designated counselor concerned.

#### ◆ Placement Cell (Udisha)

- Universal Development of Integrated employability Skills through Higher education Agencies-Youth, that exciting decade between the ages of 16 and 26, is filled with dreams for a better life through education, job opportunities and relationships. It is the transition from being seen as young by community elders to being acknowledged as an adult. It is a time filled with personal and professional challenges requiring skills that are sharpened each day through a desire to succeed.
- To increase the employability rate of the graduates in Gujarat, Udisha is to bridge the gap between job seekers and the job providers. On one hand, there is a dearth of good employees in various job sectorshospitality, banking, teaching etc. And on the other hand, the need of the employers is increasing in various sectors of industry. Udisha is expected to bridge this gap and increase the rate of employability in the near future.

#### Personality Development Programme

• In today's competitive world, it has been observed that many people though having talents and capabilities do not come up in life. This programme aims to develop self-confidence, communication skill and ability to express oneself at all levels.

#### ♦ Infrastructure and Resources

The college has its own spacious, three storied, well ventilated and independent building which has 45 rooms of different sizes. It is beautifully surrounded by lush green garden & tall trees. It possesses separate parking place for the vehicles of both boys and girls. It has also cool and pure drinking water facility.

#### ♦ Library and Reading Room

- It is indeed a matter of great interest that college has a rich and resourceful library with around 30,000 books, and numerous journals and magazines on trade, commerce and industry of national and international repute.
- The students can utilize a separate reading room for enriching their studies. Reference books and paper sets are available in the reading room.





#### ◆ Green and Clean Campus

The college is having a lush green campus with a large garden. It has a number and variety of trees within and surrounding the college. The campus is always kept clean. Due care is taken to protect the environment.

#### ♦ Sports and Recreation

- Sports and physical fitness, indeed, occupy a place of prominence amongst the co-curricular activities in the college, for the important role that they play not only in character formation but also in instilling positive values among students. Our keen sports enthusiasts regularly get many opportunities to showcase their talents in a wide variety of sporting events.
- The laurels and accolades won in these competitions testify that continuing excellence and team spirit are indeed the watchwords for our sportspersons.

#### ♦ Healthcare

- For the new entrants, the college organizes, on compulsory basis, the medical check-up camp soon after the admissions are over. Those having ailments may visit Krishna Hospital, Karamsad.
- For general illness, students can contact CVM & University Health Centre where medicine is given free of charge. The center is situated behind BJVM.

#### ♦ The Communication Skills Lab

♦ This laboratory is equipped with all the necessary audiovisual equipment to strengthen communication skills of the students, especially in English.

#### ♦ Internet Club

• Internet facility is made available on voluntary membership on the payment of membership fee as prescribed by CVM. Wi-Fi facility is available in the Campus.

#### ♦ Girls' Room

◆ The college has an independent girls' room with necessary facilities. Girls can avail of it in the event of being free.





#### ♦ Seminar Hall

- State and National seminars, conferences, workshops, symposiums are organized in well-equipped seminar hall.
- Management lecture series, behavioral science workshops, Entrepreneurship awareness programmes are regularly organized throughout the year.

#### ◆ Extra-Curricular and Co-Curricular ◆

#### **♦** Activities

• The college organizes on extensive scale, varied activities that support personality development and character building. Such activities include participation of students in debate, elocution, essay writing, various sports, N.C.C., N.S.S, cultural and community services. Those who join afresh are requested to pinpoint their interest in any activity and motivate themselves to actively participate.

#### ♦ Tours and Excursions

- We live in an enchanting world-full of beauty, charm and adventure. Travel provides us with immeasurable opportunities to enhance, enrich and expand our lives. The magical moments spent travelling surely has an everlasting impact on us.
- Each journey that we undertake is a learning experience. As we encounter, a myriad of cultures and form friendships, we stretch our limits beyond the known boundaries to the unknown.
- Tours and excursions form an essential part of our curriculum, for we firmly agree with St. Augustine's view, "The world is a book, and those who do not travel, read only a page."

#### ♦ The C.V.M. Hostels

- Charutar Vidya Mandal has hostels both for boys and girls.
- The boys are given accommodation in Liberty Hostel at a five minutes distance from the college.
- For girls, this facility is available at C. J. Patel Ladies Hostel (Ranak Hostel) complex near Shastri Maidan.
- Due to increasing rush of occupants, the students interested in hostel facilities are requested to book their room promptly.



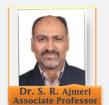


### BJVM STAFF PROFILE

#### Teaching Staff



Commerce & Accountancy



Commerce & Management



Commerce & Management



**Economics** 



Com., Acc & Management



**Economics** 



English



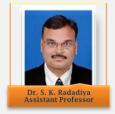
Commerce & Accountancy



Physical Instructor



Commerce & Accountancy



Commerce & Accountancy



Commerce & Accountancy



Mathematics



Commerce



























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		Distribution of Work	
1.	Vice President: Students' Council	Ms. J. D. Parmar	
2.	Overall - Co- ordinator	Dr. S. R. Ajmeri	
3.	Co-ordinator: B. Com. Programme	Shri H. D. Patel	
4.	Co-ordinator: B.B.A. Programme	Dr. R. N. Patel	
5.	Co-ordinators: Personality Development Programme	Dr. J. P. Parmar Dr. S. M. Vohra Dr. S. K. Radadiya Ms. J. D. Parmar	(Convener) (Member) (Member) (Member)
6.	Co-ordinators: Students' Counselling	Smt. R. N. Vora Dr. P. U. Mordhara Shri H. P. Dave Dr. S. M. Vohra Shri H. P. Dave	(Convener) (Member) (Member) (Member) (Member)
7.	Co-ordinators: Certificate Course in English DELL & Scope	Smt. R. N. Vora	(Convener)
8.		Co-ordinators: Examination (Internal Assessment)	
	B. Com. Course B.B.A. Course	Shri H. D. Patel Dr. R. N. Patel	(Convener) (Convener)
9.	Co-ordinator: IT Enabling Committee, DCA & PGDCA Course	<b>Dr. S. K. Radadiya</b> Shri. Rajesh D. Patel Shri Hitesh Yadav	(Convener) (Member) (Member)





10.	Certificate Courses	Dr. S. M. Vohra Dr. S. K. Radadiya Shri. Rajesh D. Patel Shri Hitesh Yadav	(Convener) (Member) (Member) (Member)
11.	Hostel	Shri P. K. Vasava Dr. P. U. Mordhara Shri Kalpesh Patel	(Rector) (Superintendent) (Member)
12.	N. C. C. Care Taker (Girls)	Shri P. K. Vasava Ms. J. D. Parmar	<b>(Convener)</b> (Member)
13.	N.S.S.	Shri H. P. Dave Dr. A. J. Dholariya Shri Kalpesh Patel	Prog. Officer Prog. Officer (Member)
14	Outstanding Student's Cell (Star Batch)	Dr. R. N. Patel Dr. S. M. Vohra Dr. S. K. Radadiya	(Convener) (Member) (Member)
15.	Tour & Adventure	Shri H. D. Patel Dr. S. R. Ajmeri Dr. A. J. Dholariya Shri H. P. Dave	(Convener) (Member) (Member) (Member
16.	Scholarship, Freeship, Studentship	Dr. S. R. Ajmeri Shri H. D. Patel Ms. J. D. Parmar Shri K. D. Solanki	(Convener) (Member) (Member) (Member
45	VAY		(0)
17.	Women Development Cell	Smt. R. N. Vora Dr. R. N. Patel Dr. A. J. Dholariya Smt. J. D. Parmar Smt. Sangita Bakwaik	(Convener) (Member) (Member) (Member (Member
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18.	SC/ST Students'	Dr. J. P. Parmar	(Convener)





	Cell	Smt. J. D. Parmar	(Member)
19.	Time Table, Work Load & Attendance	<b>Dr. S. K. Radadiya</b> Dr. S. M. Vohra Shri H. P. Dave	(Convener) (Member) (Member)
20.	"Udisha" (Placement Cell)	<b>Dr. S. K. Radadiya</b> Dr. S. M. Vohra Dr. A. J. Dholariya	(Convener) (Member) (Member)
21.	UGC Plan	Dr. J. P. Parmar Dr. S. R. Ajmeri Shri H. D. Patel Smt. R. N. Vora Dr. S. M. Vohra Dr. S. K. Radadiya	(Convener) (Member) (Member) (Member) (Member) (Member)
22.	I.Q. A.C	<b>Dr. J. P. Parmar</b> Dr. S. M. Vohra	(Convener)
23.	Research Committee	Dr. A. J. Dholariya Dr. S. R. Ajmeri Dr. R. N. Patel Dr. N. S. Parmar Dr. P. U. Mordhara Dr. S. M. Vohra	(Convener) (Member) (Member) (Member) (Member) (Member)
24.	College Magazine, (Samruddhi)	Dr. R. N. Patel Dr. S. M. Vohra Smt. J. D. Parmar Dr. A. J. Dholariya Shri Kalpesh Patel Shri Hitesh Yadav	(Convener) (Member) (Member) (Member) (Member) (Member)
25.	Co-operative Study Forum	<b>Dr. P. U. Mordhara</b> Dr. A. J. Dholariya Shri H. P. Dave	(Convener) (Member) (Member)
26.	BJVM Alumni	Dr. S. R. Ajmeri	(Convener)





		Shri H. D. Patel Dr. R. N. Patel Dr. S.M. Vohra Dr. P. U. Mordhara Shri Rajesh D. Patel Shri Hitesh Yadav	(Member) (Member) (Member) (Member) (Member) (Member)
27.	Sapta Dhara		
	(A) Gyan Dhara	Smt. R. N. Vora Dr. S. M. Vohra	(Convener) (Member)
	(B) Sarjanatmak Abhivyati Dhara	<b>Dr. S. R. Ajmeri</b> Dr. S. K. Radadiya Dr. J. D. Parmar	(Convener) (Member) (Member)
	(C) Rang, Kala, Kaushalya Dhara	<b>Dr. A. J. Dholariaya</b> Smt. J. D. Parmar	(Convener) (Member)
	(D) Natya Dhara	<b>Shri H. P. Dave</b> Dr. P. U. Mordhara	(Convener) (Member)
	(E) Geet, Sangeet, Nrutya Dhara	<b>Dr. R. N. Patel</b> Dr. A. J. Dholariya	(Convener) (Member)
	(F) Vyayam, Yog, Khel-kud Dhara	Shri P. K. Vasava Smt. J. D. Parmar Shri Kalpesh Patel	(Convener) (Member) (Member)
	(G) Samudaya Seva Dhara	Shri H. P. Dave Dr. P. U. Mordhara Dr. A. J. Dholariya	(Convener) (Member) (Member)
28.	Admission Committee B.Com. & BBA	<b>Dr. S. R. Ajmeri</b> All Faculty Memebers	(Nodal Officer) (Member)
29.	Anti-Ragging Committee	Dr. K. P. Sheth Dr. S. R. Ajmeri Shri H. D. Patel Dr. J. P. Parmar Dr. R. N. Patel	(Convener) (Member) (Member) (Member) (Member)





		Smt. R. N. Vora Dr. P. U. Mordhara Shri Kalpesh Patel	(Member) (Member) (Member)
30.	Finishing School	<b>Dr. S. M. Vohra</b> Dr. S. K. Radadiya Mr. Hitesh Yadav	(Convener) (Member) (Member)
31.	Environment Awareness	<b>Dr. P. U. Mordhara</b> Dr. A. J. Dholariya Shri H. P. Dave	(Convener) (Member) (Member)
32.	Internal Complaint Committee	Dr. S. R. Ajmeri Shri H. D. Patel Dr. J. P. Parmar Dr. R. N. Patel Smt. R. N. Vora Dr. S. M. Vohra	(Convener) (Member) (Member) (Member) (Member) (Member)
		n	(0)
<i>33.</i>	Maintenance &	Dr. S. R. Ajmeri	(Convener)
	Development Committee	Dr. S. M. Vohra Shri. H. B. Patel (office) Shri. Aplesh Patel (office)	(Member) (Member) (Member)
24	Committee	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)	(Member) (Member)
34.	Committee  Centre for Community	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)  Shri H. P. Dave Dr. P. U. Mordhara	(Member) (Member) (Convener) (Member)
34.	Committee  Centre for	Shri. H. B. Patel (office) Shri. Aplesh Patel (office) Shri H. P. Dave	(Member) (Member) (Convener)
34.	Centre for Community Engagement	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)  Shri H. P. Dave Dr. P. U. Mordhara Dr. A. J. Dholariya	(Member) (Member) (Convener) (Member)
34.	Centre for Community Engagement President	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)  Shri H. P. Dave Dr. P. U. Mordhara Dr. A. J. Dholariya Dr. Ketaki P. Sheth	(Member) (Member) (Convener) (Member)
34.	Centre for Community Engagement	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)  Shri H. P. Dave Dr. P. U. Mordhara Dr. A. J. Dholariya Dr. Ketaki P. Sheth  Smt. J. D. Parmar	(Member) (Member) (Convener) (Member)
34.	Centre for Community Engagement President	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)  Shri H. P. Dave Dr. P. U. Mordhara Dr. A. J. Dholariya Dr. Ketaki P. Sheth	(Member) (Member) (Convener) (Member)
34.	Centre for Community Engagement President	Shri. H. B. Patel (office) Shri. Aplesh Patel (office)  Shri H. P. Dave Dr. P. U. Mordhara Dr. A. J. Dholariya Dr. Ketaki P. Sheth  Smt. J. D. Parmar	(Member) (Member) (Convener) (Member)





#### Students' Council for the academic in the presence of Selection Committee on merit basis

Sr.	Post	Name of the Student	Class / Division	Mobile No.
No.				
01	General Secretary	Awanishraj Binaykumar Srivastava	T. Y. B. COM-A	9687153016
02	Debate Secretary	Manasvi Dharmeshkumar Bhatia	T.Y.B.COM - A	9054204046
03	Sports Secretary	Jit Priteshkumar Patel	T.Y.B.COM - A	9016371853
04	Fine Arts Secretary	Sahil Mathurbhai Kumbhani	T.Y.B.COM - A	9924115942
05	Event Management Coordinator	Tirth Kamleshbhai Thumber	T.Y.B.COM - A	7600454594
06	Ladies Representative	Avani Rashikbhai Khokhar	T.Y.B.COM-B	9510655907
07	Class Representative	Shraddha Natubhai Kariya	T. Y. B. B. A	9723082942
08	Class Representative	Awanishraj Binaykumar Srivastava	T. Y. B. COM A	9687153016
09	Class Representative	Sagar Rajeshbhai Patel	T. Y. B. COM B	8980723149
10	Class Representative	Tanvi Dineshbhai Lalwani	S. Y. B. B. A	7567077341
11	Class Representative	Puja R. Kharwar	S. Y. B. COM A	9327365897
12	Class Representative	Unnati Pareshbhai Gandhi	S. Y. B. COM B	9662017995
13	Class Representative	Divyani B. Valvi	S. Y. B. COM C	9054857598
14	Class Representative	Niti A. Panchal	S. Y. B. COM D	7043233404
15	Class Representative	Het Narendra Kothari	F. Y. B. B. A	7201917425
16	Class Representative	Siddhiben Tejaskumar Makwana	F. Y. B. COM A	9723500028
17	Class Representative	Zeenat Imtiaz Abbasi	F. Y. B. COM B	9351091027
18	Class Representative	Vishva K. Patel	F. Y. B. COM C	9662953552
19	Class Representative	Nileshbhai R. Manguda	F. Y. B. COM D	9313495452



#### ♦ College Achievements ♦

■ This year our college has received "NSS National Award 2018-19" virtually from President of India, for the Best NSS Unit and NSS Officer.

#### ◆ Faculties Academic Achievements ◆

#### . Dr. Ketaki Sheth, Principal

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#### \* Dr. Rupal N. Patel, Associate Professor

- Delivered Expert Talk on "Research Process" in Ph.D. course work at Business Studies Department,
   Sardar Patel University on 11/02/2022.
- Organizing Secretary of One Day National Seminar on "New Education Policy A Key Tool for Transforming Higher Education Through Equitable and Inclusive Education" Organized by BJVM in Collaboration with NAAC, Bangalore on 28th January, 2022.
- One more student had successfully completed Ph.D. this year under my Guidance and one student has submitted Ph.D. Synopsis. Total three students have completed Ph.D. under my guidance.

#### \* Dr. N. S. Parmar, Associate Professor

- Coordinator, Debate-Elocution Committee
- Basic of Disaster Risk Management Certificate Coursed Date:06-01-2021 organized by Gujarat Institute of Disaster Management, Gandhinagar.
- One day National Seminar in collaboration with NAAC, Bangalore on New Education Policy organized by IQAC Cell BJVM 28-01-2022
- Participated in webinar on "Youth and Environment" organized by BJVM 5th June, 2021.
- Organizing Secretary, Webinar on Road Safety on 22-07-2021.
- Delivered lecture on "Agricultural Scheme for farmer" in NSS Camp at Fagani, Ta. Petlad on 14-03-2022.

#### \* Dr. R. N. Vora, Associate Professor

- Certificate Course in English 2021-22
- Organised Orientation Programme for the students on 8/10/2021 at 10.30AM. Dr Charudatt Gurjar, Associate Professor (English) of CVM's vV P & R P T P Science College, Vallabh Vidyanagar wa invited as resource person.





- Webinar on Status of English for Employability on 3/9/2021 at 10.30 AM was organised in the subject of English. Dr. Chirag Darji, Assistant Professor (English) from CVM's Waymade College of Education, Vallabh Vidyanagar wa invited as resource person.
- Women Cell Activities 2021-22
- International Women's Day Celebration on 9th March 2022 at 10.00AM. Professor.Dr Smita Joshi,
   Head- Department of Sociology, M. B. Patel Arts & Commerce College, Ahmedabad was invited as guest speaker.
- Women Cell Convenor and 15 girls of BJVM participated in Guest Tak organisd by Charutar Vidya Mandal's Women Development Cell (WDC) on 8th March 2022 at ADIT (A.D.Patel Institute of Technology, New Vallabh Vidyanagar. Geeta Manek from Bombay was invited as Guest Speaker.
- Demonstration Programme of Sanitary Napkin Incinerator (disposal Machine) was organised on 4/2/2022, Friday at 9.30 AM onwards for the girls of the college. Technical leader- Dhaval Patel from Suchita Care came for demonstration session.
- Webinar on "Women mpowerment: Ideal vs Reality" was organised on 21/9/2021, at10.30 AM. Dr Kinjal Ahir, Associate Professor & Deputy Director, UGC Centre for Advanced Studies PhaseII, Sardar Patel University, Vallabh Vidyanagar was invited as Guest Speaker.
- Webinar on "Awareness Programme on Sexual Harassment of Women at Workplace (Prevention, Prohibition & Redressal) Act-2013" was organised on 2?9/2021 at 9.00 AM. Ms Renu Verma, Advocate, Anand was invited as Guest Speaker.
- Webinar on "Developing Relationship Consciousness: Role of Social Media "was organised on 17/7/2021 at 9.00AM. Mr Bhagyesh Dave, Management Consultant, Corporate Trainer from Ahmedabad was invited as Guest Speaker.
- Participation in Guest Talk organized by CVM WDC on 8/3/22 at ADIT Auditorium, New Vallabh Vidyanagar. Geeta Manek, journalist from Bombay. 19 girls and 2 faculties participated. Principal Dr Ketaki P Sheth as CVM WDC co-ordinator also remained present.
- 9<sup>th</sup> March International women's Day Celebration Prof. (Dr.) Smita Joshi as Resource Person
- Basics of Self Defense, Karate Trainer Neha R. Paswan, Black Belt. 123 girls Participated. The
   Trainer is S.Y. B. Com Gujarati Medium Student. 15th March -2022, 08:00 to 09:00 am
- My Campus Clean Campus Inspection. MCCC CVM Team inspected college on 21/2/22 Monday at 12.00 noon.
- Prepared Green Audit Report (2020-21 & 2021-22) as co-ordinator and also coordinated CVM Green
   Audit Team visit on 23/03/2022 Wednesday at 11.30AM.





#### ❖ Dr. Paresh Mordhara, Assistant Professor

- Successfully Completed the SWAYAM ARPIT course for Career Advancement Scheme (CAS) promotion. (ARPIT Course in Financial Market and Emerging Business Models from 1st December 2020 to 31st March 2021 with a Grade "D" in the proctored examination held on 21-08-2021 University of Kerala) Registration No. ARP20AP24303011100.
- Successfully Completed One Week Faculty Development Programme on "E-Learning & E-Governance" from 21-02-2022 to 27-02-2022' organised by Teaching Learning Centre Ramanujan College, University of Delhi in Collaboration with Himmat Vidyanagar Shri Trikamjibhai Chatwani Arts & J. V. Gokal Trust Commerce College Radhanpur, Gujarat under The Aegis of Ministry of Education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, Ministry of Education. (With A+ Grade)
- Participated & presented a paper entitled "National Education Policy 202 V/s. Past Education Policies" in One Day National Seminar on "New Education Policy A Key Tool for Transforming Higher Education through Equitable & Inclusive Education" organized by B. J. Vanijya Mahavidyalaya Internal Quality Assurance Cell (IQAC) in Collaboration with National Assessment and Accreditation Council (NAAC), Bangalore on 28th January, 2022.
- Published article "Artificial Intelligence (AI): Emerging Trends in Banking Sector" in SPET Research
  Journal of Social Science (Peer Reviewed Bi-Annual Research Journal), ISSN No. 2348 2982
  (Volume -09, Number -01, February-2021)
- Participated UGC Approved National Webinar on "Forensic Accounting The Emerging Discipline" organized by UGC-Human Resource Development Centre, Sardar Patel University, Vallabh Vidyanagar on 31-01-2022. (Certificates No. UGC-HRDC/2021-22/NW-7/55, Dated 31-01-2022)
- Dr. Pareshkumar Ukabhai Mordhara, Assistant Professor of B. J. Vanijya Mahavidyalaya was selected for "Best NSS Programme Officer Award: 2018-19" by Sardar Patel University, Vallabh Vidyanagar. (SPU Letter No. NSS /2021-22/4935 (1), Dated: 22-12-2021).
- As a Team Memeber in "આઝાદીના અમૃત મહોત્સવ પર યુવા સંકલ્પ શ્રેષ્ઠ ભારતના પંચ પ્રકલ્પ પૈકી ગૌ આધારિત પ્રાકૃતિક ખેતીના પ્રચાર અને પ્રસારની કામગીરી" At. Jamiyatpura, Ahmedabad from 27-02-2022 to 05-03-2022 organised by Higher Education Dept, Commissioner of Higher Education Office, NSS Cell, Government of Gujarat, Gandhinagar.





#### \* Dr. Ankita Dholariya, Assistant Professor

- Participated in Webinar on "Water Conservation" organized by BJVM College, Vallabh Vidyanagar and VNC, Vallabh Vidyanagar on 30th March, 2021
- Participated in Webinar on "Government MSME Schemes for Entrepreneurs" organized by BJVM
   College, Vallabh Vidyanagar and Topnotch Foods Vithal Udyognagar on 31st March, 2021
- Participated in Webinar on "Youth and Environment" organized by BJVM College, Vallabh
   Vidyanagar and VNC, Vallabh Vidyanagar on 5th June, 2021
- Passed Hindi Exam conducted by GSHSEB in July, 2021
- Worked as a organizing secretary in Webinar on "Parishram E J Parasmani" organized on 24th July,
   2021.
- Worked as a organizing secretary in Webinar on "Environment & Covid 19" organized on 24th July,
   2021.
- Worked as a organizing secretary in Webinar on "Image Building Beyond Boundaries" organized on 26th July, 2021.
- Worked as a organizing secretary in Webinar on "Diet and Nutrition for Adolescents during Pandemic" organized on 9th September, 2021.
- Participated in Webinar on "National Education Policy 2020- Prospects and Challenges" organized by NEWMAN College, Thodupuzha on 28th September, 2021
- Participated in One Week National Level E-Workshop on "RESEARCH METHODOLOGY TOOLS
   AND TECHNIQUE" organized by GOVT. Model Science College, Rewa (M.P.) on from 1st
   November, 2021 to 7th November, 2021
- Participated in UGC sponsored "Online Webinar on Leadership" organized by UGC- Human Resource
   Development Centre, Gujarat University, Ahmedabad on 15th December, 2021
- Participated in UGC sponsored "Online Webinar on Ethics in Education" organized by UGC- Human
   Resource Development Centre, Gujarat University, Ahmedabad on 16th December, 2021
- Participated in UGC sponsored "Online Webinar on Climate Change" organized by UGC- Human Resource Development Centre, Gujarat University, Ahmedabad on 17th December, 2021.





- Participated in UGC sponsored "Online Webinar on Artificial Intelligence" organized by UGC- Human
   Resource Development Centre, Gujarat University, Ahmedabad on 18th December, 2021
- Participated in UGC sponsored "Online Webinar on Machine Learning" organized by UGC- Human
   Resource Development Centre, Gujarat University, Ahmedabad on 20th December, 2021
- Participated in UGC sponsored "Online Webinar on Data Analytics" organized by UGC- Human
   Resource Development Centre, Gujarat University, Ahmedabad on 21st December, 2021
- Participated in UGC sponsored "Online Webinar on Language" organized by UGC- Human Resource
   Development Centre, Gujarat University, Ahmedabad on 22nd December, 2021
- Participated in UGC sponsored "Online Webinar on Research Methodology" organized by UGC-Human Resource Development Centre, Gujarat University, Ahmedabad on 23rd December, 2021
- Participated in UGC sponsored "Online Webinar on MOOCs Development and Delivery" organized by
   UGC- Human Resource Development Centre, Gujarat University, Ahmedabad on 24th December, 2021
- Participated in UGC sponsored "Online Webinar on Yoga and Wellness" organized by UGC- Human
   Resource Development Centre, Gujarat University, Ahmedabad on 27th December, 2021
- Participated in UGC sponsored "Online Webinar on Disaster Management Post COVID" organized by
   UGC- Human Resource Development Centre, Gujarat University, Ahmedabad on 28th December, 2021
- Participated in One Day National Seminar (VIRUAL) on "New Education Policy- A Key Tool for Transforming Higher Education Through Equitable and Inclusive Education" organized by BJVM College, Vallabh Vidyanagar in collaboration with NAAC, Bangalore on 28th January, 2022
- Acted as a Rapporteur in One Day National Seminar (VIRUAL) on "New Education Policy- A Key Tool for Transforming Higher Education Through Equitable and Inclusive Education" organized by BJVM College, Vallabh Vidyanagar in collaboration with NAAC, Bangalore on 28th January, 2022

#### Ms Jayshree Parmar, Assistant Professor

- Participated in Two days international webinar on "Contemporary Issues in Accounting" Organized by WIRC of ICAI and Indian Accounting Association on 10th June 2021 and 11th June 2021.
- Attended Combined Annual Training Camp (CATC) from 18<sup>th</sup> October 2021 to 24<sup>th</sup> October 2021 at Thamana.
- Participated in One Day webinar on "Leadership" Organized by UGC, HRDC, Gujarat University,
   Ahmadabad on 15<sup>th</sup> December 2021.
- Participated in One Day webinar on "Ethics in Education" Organized by UGC, HRDC, Gujarat University, Ahmadabad on 16th December 2021.





- Participated in One Day webinar on "Research Methodology" Organized by UGC, HRDC, Gujarat University, Ahmadabad on 23<sup>rd</sup> December 2021.
- Participated in One Day webinar on "Research Methodology" Organized by UGC, HRDC, Gujarat University, Ahmadabad on 23<sup>rd</sup> December 2021.
- Paper Presented on "A Comparative Study of National Education Policies of India" Organized by B J Vanijya Mahavidyalaya in collaboration with NAAC on 28th January 2022Participated and Presented a Paper Entitled "Role of RBI in Maintaining Financial Stability in the Present Pandemic Situation of COVID-19" in ONE DAY STATE LEVEL WEBINAR ON "POST LOCK DOWN TURN, FUTURE OF WORK, SKILL AND MANAGEMENT: GET READY FOR PARADIGM SHIFT" Organized by Sardar Patel College of Administration and Management Bakrol, Anand (Gujarat) on Tuesday, 12/05/2020.





#### **Sports Achievements**

Sr No.	Name of Game/ Sports	Level of Tournament	Achievement / Results	No of Students selected in National Coopetition A.I U
01.	Cross Country (Men) Team	S. P. University	Champion	Naj D Vadher     Santukumar Singh     Randipsinh Chauhan
02.	Cross Country (Women) Team	S. P. University	-	1) Mansi Prajapati
03.	Table Tennis (Men)	S. P. University	3 <sup>rd</sup> Place	
04.	Boxing (Men)	S. P. University		1) Prince Jaiswal
05.	Football (Men)	S. P. University	Champion	1) Vikram D Sambhar 2) Udit Sambhar 3) Sandeep Rathwa 4) Jit P Patel 5) Anas Khan 6) Sunil Purohit
06.	Basketball (Men)	S.P. University	Champion	Hardik Patel     Mohit Prajapati
07.	Kho- Kho (Men)	S.P. University	3 <sup>rd</sup> Place	1) Vijay Rathwa
08.	Kho- Kho (Women)	S.P. University	Runner's Up	1) Mansi Prajapati 2) Kailash Chavda 3) Raveena Vasava
09.	Basketball (Women)	S.P. University	-	1) Dhrupa Patel
10.	Judo (Men)	S.P. University	-	1) Naved S Sheikh
11.	Kabbadi (Women)	S.P. University	Runner's Up	1) Krishna Vaghela 2) Mansi Prajapati 3) Dhrupa Patel
12.	Kabbadi (Men)	S.P. University	-	1) Krupesh Vasava 2) Axit Patel





Sr No.	Name of Game/ Sports	Level of Tournament	Achievement / Results	No of Students selected in National Competition A.I. U
13.	Athletic (Men)	S.P. University	Runner's Up	
14.	Athletic (Women)	S.P. University	3 <sup>rd</sup> Place	





#### **Sports Report**

1) Santukumar Singh (FYB.Com)

1) Represented S.P. University Cross Country Men

Team in All India Inter University Competition held at

Moodbindri, Karnataka.

2) First Position in 1500mt Run in S.P. University Athletic

Meet.

3) First Position in 800mt Run with New Record 00:02:05

Minute.

2) Raj D Vadher

(TYB.Com)

1) Represented S.P. University Cross Country Men

Team in All India Inter University Competition held at

Moodbindri, Karnataka.

2) Third Position in 10Km Run in S.P. University Athletic

Meet.

3) Randipsinh Chauhan

1) Represented S. P. University Cross Country Men Team

Competition held at Moodbindri, Karnataka.

2) Third Position in 10Km Run in S.P. University Athletic

Meet.

4) Mansi Prajapati

1) Represented S. P. University Cross Country Women Team

Competition held at Moodbindri, Karnataka.

5) Prince Jaiswal

1) Represented S.P University Boxing Men Team in All India

Inter University Athletic Meet.

6) Vikram D Sambhar

7) Udit Sambhar

8) Sandeep Rathwa

9) Jit Patel

Represented S.P. University Football Men Team in

West zone Inter University Football Competition held at Jaipur.

10) Anas Purohit

11) Anas Khan

12) Sunil Purohit

13) Hardik Patel

Represented S.P University Foot Ball Men Team in West zone Inter University Football Competition held at 14) Mohit Prajapati

Gwalior, Madhya Pradesh.





15) Vijay Rathwa 1) Represented S.P. University Kho-Kho Men Team in west zone Inter University Kho-Kho Tournament held at Sagar University, Madhya Pradesh. 16) Kailash Chavda : 1) Represented S.P. University Kho-Kho Women Team in west zone Inter University Kho-17) Raveena Vasava Kho Tournament held at Sagar University, Madhya Pradesh. 18) Dhrupa Patel 1) Represented S.P. University Basketball Women Team in National West zone Inter University Basketball Tournament held at Indore University, Indore. 19) Naved S Sheikh 1) Represented S.P. University Judo Men Team in National All India Inter University Judo Tournament held at Rohtak, Hariyana. 20) Krishna Vaghela: 1) Represented Gujarat State Shooting Ball Women Team in National Shooting Ball tournament held at Ahmedabad, Gujarat. 1) Represented S.P. University Kabbadi Men 21) Krupesh Vasava Team in National West Zone Inter University Kabbadi Tournament held at Snat Gadge Babu 22) Axit Patel University, Amravati, Maharashtra. 1) Represented India in 4<sup>th</sup> Salvo Indo- Nepal 23) Nisarg J Vaghela: Athletic 2021, Secured gold medal in 100 & 200mt Run. 1) Secured 1st Position in 100mt Run & fastest 24) Dhrupa Patel Women of S.P. University Athletic Meet. 2) Secured 1st Position in 4\*100mt Relay Run in S.P University Athletic Meet. 1) Secured 1st Position in 4\*100mt Relay Run in 25) Shani Yadav S.P University Athletic Meet.



26) Deepika Vasava



#### **ATHLETIC MEET**

1) Randipsinh Chauhan : 1) Secured 3<sup>rd</sup> Position in 10Km Run S. P (F. Y B.Com) University Athletic Meet. 2021-2022.

2) Yogesh P Sharma : 1) Secured 3<sup>rd</sup> Position in 1500mt Run S. P (T. Y B.Com) University Athletic Meet. 2021-2022.

3) Nisarg J Shukla : 1) Secured 3<sup>rd</sup> Position in 100mt Run S. P (F. Y B.Com) University Athletic Meet. 2021-2022.

2) Secured 2<sup>nd</sup> Position in 4\*100mt Relay Run in S.

P University Athletic Meet. 2021-2022.

4) Sapan Majumdar : 1) Secured 2<sup>nd</sup> Position in 4\*100mt Relay Run in (S. Y

B.Com) S. P University Athletic Meet. 2021-2022.

5) Sunil Purohit : 1) Secured 2<sup>nd</sup> Position in 4\*100mt Relay Run in (S.

Y B.Com) S. P University Athletic Meet. 2021-2022.

6) Piyush Rabari : 1) Secured 2<sup>nd</sup> Position in 4\*100mt Relay Run in (S.

Y B.Com) S. P University Athletic Meet. 2021-2022.

7) Jit Patel : 1) Secured 2<sup>nd</sup> Position in High Jump in (T. Y

B.Com) S. P University Athletic Meet. 2021-2022.





# National Cadet Corps – NCC NCC Activity Report

NCC Officer: C/T Shri Pradip Vasava C/T Smt. Jayshree Parmar

**Senior Division (Boys)** 

# Senior Wings (Girls)

<ul> <li>1<sup>st</sup> Year NCC Cadets</li> <li>2<sup>nd</sup> Year NCC Cadets</li> <li>3<sup>rd</sup> Year NCC Cadets</li> </ul>	46 44 15	<ul> <li>1<sup>st</sup> Year NCC Cadets</li> <li>2<sup>nd</sup> Year NCC Cadets</li> <li>3<sup>rd</sup> Year NCC Cadet</li> </ul>	30 12 09
<b>Total Enrollment Cadets</b>	105	<b>Total Enrollment Cadets Girls</b>	51

Sr. No.	Event / Activity	Date	Level	Location	ANO	SD Cdt.	SW Cdt.
1	Combined Annual Training Camp	26/09/2021 to 30/09/2021	District	Thamna	-	28	-
2	Combined Annual Training Camp	25/10/2021 to 31/10/2021	District	Thamna	-	15	-
3	Army Attachement Camp	04/05/2022 to 16/05/2022	State	Jamnagar	-	05	-



NCC Officer
CTO Ms. Jayshree D Parmar
1st Year Cadets =30
2nd Year Cadets =12
3rd Year Cadets =09

**Total= 51** 

	Senior Wing ( Girls)							
Sr. No	Date	Activity Name	Cadets Name	Level	Location	ANO /CTO	SW CDT	
1	08/03/2021	Tree Plantation Programme	All NCC Cadets	Districts	BJVM	1	1	
2	0 7//2021	Card,Letter made by Cadets for KARGIL VIJAY DIWAS	All Cadets	National	BJVM	1	51	
3	15/8/21	Independence Celebration	NCC Cadets	Local	BJVM	2	15	
4	09/03/2021	ANOs/CTOs Conference	All Anos and CTOs	Local	Jilla Seva Sadan,Anand	1	0	
5	18/9/21 to 24/9/21	CATC Camp	9 cadets of SY and 4 Cadets of TY	Districs	Thamna	1	13	
6	20/09/21	NCC Automation Class	All Anos and CTOs	Districs	CO Office, BT	1		
7	29/09/21	Major General Arvind Kappor ,ADG Gujarat ,interacted	All Anos and CTOs	Districs	M P Patel Auditorium	1	0	
8	03/10/21 to 09/10/21	CATC Camp ( Attended Pre- RDC Camp )	SUO Tejal Raval	Districts	Thamna	1	1	
9	10/11/2021	Orientation Programme of NCC	All Cadets	Local	BJVM	2	100	
10	18/10/21 to 24/10/21	CATC Camp	8 Cadets of SY and 2 Cadets of TY	Districts	Thamna	1	10	
	27/10/11	Clenliness Programme	All NCC Cadets	Local	BJVM	2	15	
11	11/01/2021	Voting Awareness Programme	All NCC Cadets	Local	CO Office, BT	1	5	
	01/12/2022	Webinar on Swami Vivekanad	Dhobi Tulsi, Raval Tejal, Sweta Trupti Suthar, Sakshi	Local	CO Office, BT	1	5	



12	31/01/22 to 04/02/22	Karate Training	17 Cadets from FY,SY and TY	local	BJVM	2	17
			SUO Tejal Raval, UO Mansi Prajapati				
13	02/08/2022	SGT Aakanksha Shah Uo Sweata		ocal BJVM		10	
			LCPL Kruksha,LCPL Archana Vasaa				
			LCPL Pooja Gamit				
14	02/12/2022	B Certi Practical exam2022	12 cadets of SY	Districts	Sastri ground	1	12
15	13/02/2022	B Certi Theory exam2022	12 cadets of SY	Districts	NA and TV Patel ,VV Nagr	1	12
16	26/02/22	C Certi Practical exam2022	09 Cadets of TY	Districts	Sastri ground	1	9
17	27/02/22	C Certi Theory exam2022	09 Cadets of TY	Districts	NA and TV Patel ,VV Nagr	0	9
18	03/08/2022	Womens day celebration college	15 Cadets from FY,SY,and TY	Local	B.A.Agricaltural college	1	15



**NSS Regular Activities Report** 

		1100 111	eguiar Activities Report	P	articipation	
Sr. No.	Date	Name of Event / Activity / Programme / Participation	Description of Event / Activity / Programme / Participation	Student	Faculty (Teaching / Non Teaching)	Total
1	27/06/2021	International Yoga Day Celebration	Trainers Ms. Jagruti Mishra & Ms. Bhavesha Parmar (TY B.Com. Students) have demostrated different types of Yogasans and teached different techniques of Pranayams and all faculty members have participated activety- Studetns joined virtually by Microsoft Team.	89	40	129
2	13/07/2021	"Tree Plantation Programme"	Organized Tree Planation Programme at College Campus. Saplings of "Kadam" and "Saga" were planted in presence of Principal. NSS Programme officers, Faculty members and Volunteers of NSS.	6	9	15
3	24/07/2021	Webinar on "Environment and Covid-19 in Association with VNC, V.V.Nagar	Resource Person : Shr Dhaval Patel, Managing Trustee, VNC, V. V. Nagar			
4	26/07/2021	Webinar on "Image Buildng Beyond Boundries"	Resource Person : Shri Shrenik Shah			
5	31/07/2021	Celebration of International Tigar Day and Conservation and Environment	Organized poster making competition based on the theme "International Tiger Day and Conservation and Environment"	6	3	9
6	09/09/2021	Webinar on Diet & Nutretion for adolecents	Resource Person : Dr. Bhavna Chauhan, Prin. Of S. M. Patel Home Science College, V. V. Nagar			
7	15/09/2021	Tree Planation & Covid- 19 Vacination Awareness Programme	Saplings were planted in Primary School, Fagani and banners of Covid-19 Vaccination Awareness were stuck at Primary Health Centre, Gram Panchayat Office and Doodh Sahakari Mandali and High School, Fagani.			



8	22-09- 2021 to 24-09- 2021	Participation in "State Level NSS Day Celebration"	NSS Volunteers Zimmy Shah, Kesha Shah and Dhruv Machhi participated in "State Levl NSS Day Celebration Programme, held at Kanti Guru Syamji Krushna Verma, Kutchh University, Bhuj, Dist. Kutchh.	3	0	3
9	24/09/2021	NSS Day Celebration and Covid-19 Vaccination Camp	As a chief guest Shri R. C. Talati (Hon. Joint Secrtory, CVM) was invited and Covid-19 Vaccination Camp was organised in association with Primary Health Centre, V. V. Nagar. Total no. of Dosages were given to college students, family member of students, Locatites and students of all constituent Institutes of CVM.	164	10	174
10	27/10/2022	Organised Cleanliness Drive at		26	2	38
11	01/12/2021	Aids Awareness Programme	Organised "Aids Awareness Programme" at College Campus and distributed the pamplets regarding precautionary measures of Aids dises among studetns.	108	2	110
12	10/12/2021	Human Rights Day Celebration	Resource Person : Dr. N. S. Parmar, Associate Prof. of Economics, B. J. Vanijya Mahavidyalaya.	66	2	68
13	18/12/2021 & 23/12/2021	Thalassemia Awereness & Screening Programme	Organized Thalassemia Awareness & Screening programme for the First and Second year studetns at College Campus, In Collabaration with Indian Redcross Society, Ahmedabad. Total students were tested and screend for Thalassemia dises.	20	2	22
14	01/01/2022	Distribution of "Arsenic-30 Homeopathic Tablets"	Organised a one day programme about the distribution of "Arsenic-30" (Homeopathic Tablets) at Hari Om Nagar, V. V. Nagar to 85 families to supporting staff.	4	3	7





15	20/01/2022	Expert Lecture on "Voters Awareness Campaign"	Shri Ashok Parmar, Dept. Mamlatdar, 8th Executive Magistrat, Prant Office Anand & Shri Harikrishna Panjabi	124	2	126
16	25/01/2022	12th Voter Day Celebration	Organised and expert lecture on the occasion of celebration of 12th Voter day and spreded awareness regarding rights of voters. esource Person: Dr. N. S. Parmar, Associate Prof. of Economics, B. J. Vanijya Mahavidyalaya.	40	2	42
17	19/02/2022	Participation in District Youth Parlament		3	0	3
18	20/02/2022	Participation in Mega Medical Camp	NSS Programme officers and Volunters have offered their services for the smooth functioning of Mega Medical Camp organised by "Chaud Gam Leuva Patel Samaj" at Western English Medium School, Petlad. Total 14 units of blood, wee donated by NSS Volunteres during the camp.			
19	04/03/2022	Participation in Blood Donation Camp	NSS Programme Officers ans NSS Volunters have participated in Mega Blood Donatin Camp, Organised by CVM and NSS Cell, CVM University	40	5	45
20	09-03- 2022 to 15-03- 2022	NSS Annual Camp	Organised NSS Annual Camp at Adopted Village Fagani.	26	2	28
21	23/03/2022	Celebration of Martyr's Day	Resource Person : Dr. N. S. Parmar, Associate Prof. of Economics, B. J. Vanijya Mahavidyalaya.	152	2	154
22	11/04/2021	Indian Consitituion Day Celebration	Pladge of Indian Constitution Preamble was taken by studetns and faculty mbmbers.	564	13	577
23		Expert Talk on Fundamentals of Indian Constitutions.	Resourse Person : Mahesh Makwana	143	2	145



# **Cultural Committee Report**

Convener: Dr. R. N. Patel

Members: Mrs. J. D. Parmar

Dr. A. J. Dholariya

Sr.	Date	Activity	Experts (if any)	Details of Winners/ Participants/
No.				Events
1.	07/08/2021 to 18/08/2021	District Level Folk Song and Elocution Competition jointly organized by Jilla Ramat Gamat Adhikarini Kacheri, Anand and Ramat Gamat, Yuva ane Sanskrutik Pravruttio, Vibhag Kacheri, Gujarat Rajya, Gandhinagar	-	Participants: Folk Song Competition;  1. Somdat Gandharv (SYBBA)  Elocution Competition:  1. Sahil Kumbhani (TYBCOM)  2. Vinita Dodani (SYBCOM)
2.	06/09/2021	Teacher's Day		Under the guidance of Principal Dr. Ketaki Sheth, "Teacher's Day Celebration" was organized by Cultural Committee on 6 <sup>th</sup> September, 2021. The celebration was done in two sessions. In the first session of 8:00 am to 10:00 am, students of BCOM and BBA became the teachers and took their lectures as per time table. They also took online lectures in First Year BCOM and BBA through Microsoft team. Avnish Raj and Vinit Jain from TYBCOM became principal and vice principal respectively.  In the second session of 10:30 am to 12:00 pm, the function was organized to motivate the Student Teachers. The function was started with the prayer which was sung by students of TY BCOM Avani Khokhar and Asha Khokhar. Convener of the Cultural Committee Dr. R. N. Patel



				welcomed the students and conducted entire programme. During the program, Avnish Raj shared his thoughts on role of teacher in student's life and Vinit Jain gave his views on Dr. Sarvepalli Radhakrishnan. Principal Dr. Ketaki Sheth delivered a speech about the teacher's day and motivated the students. Then, participants gave their feedback and shared their experiences about the Teacher's day. All participated students were appreciated by faculty members. Total 33 students participated in Teacher's day celebration.  At the end of the program, Vice President Ms. J.D. Parmar proposed the vote of thanks. All the arrangements of the Teacher's day celebration was made by the Convener of the Cultural Committee Dr. R. N. Patel and the members of the committee Ms. J. D. Parmar and Dr. A. J. Dholariya.
3.	10/09/2021 & 11/09/2021	Ganesh Chaturthi Celebration Ganesh Sthapan and Visarjan	-	Participants: All students
4.	14/10/2021	Navaratri Celebration	-	Participants- All students
5.	26/01/2022 to 12/03/2022	Voice Battle- 2022 jointly organized by CVM and CVM University- Constituent Colleges	-	First Round: Total 7 participants Second round:  1. Neha Paswan (FYBCOM)  2. Asha Khokhar (TYBCOM) Final round:  1. Neha Paswan
6.	09/03/2022 to 12/03/2022	Days Celebration: 1. Formal Day 2. Group Day 3. Traditional Day 4. Black – White & Signature Day	-	Participants- All students



7.	21/03/2022	Rangoli, Mehndi and Arti Thali Decoration Competitions	Dr. Khyati Patel, Assistant Professor, SEMCOM College, V V Nagar Dr.Rina Dave, Assistant Professor, SEMCOM College, V V Nagar	Winners: Rangoli:  1st: Bhavik Parmar  2nd: Mirali K.  3rd: Siddhi Makwana Mehndi:  1st: Kashish Machhi  2nd: Mansi Rathore  3rd: Moxa Buha Arti Thali Decoration  1st: Moxa Buha  2nd: Vaibhavi Suthar
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# **Women Cell Activity Report**

Convener: Mrs. R N Vora Members: Dr. R N Patel

Ms. J D Parmar Dr. A J Dholariya

Sr. No	Date	Activity Name	Experts Details	Winners & Participants Details
1.	17/07/2021	Webinar on "Developing Relationship Consciousness: The Role of the Social Media"	Mr. Bhagyesh Dave Management Consultant, Corporate Trainer, Leadership coach,Life Coach Ahmedabad.	185 students from B.com and BBA attended webinar.
2.	02/09/2021	Webinar on "Awareness Programme on Sexual Harassment of Women at Workplace(Prevention, Prohibition &Redressal) Act-2013"	Ms. RenuVerma Advocate	298 students attended webinar.
3.	21/09/2021	Webinar on "Women empowerment: Ideal Vs Reality (Promotion of Gender Sensitization and Gender Equity))	Dr. KinjalAhir Associate Professsor& Deputy Director, UGC Centre for Advaced Studies Phase II, Department of Economics, Sardar Patel University, VV Nagar.	128 students were participated.
4.	041/02/2022	Demonstration programme of Sanitary Napkin Incinerator (Disposal Machine)	Disposal machine installed by Dhaval Patel, Technical leader of Suchita Care came for demonstration.	All Girls Participated.
4.	08/03/2022	International Women's Day Celebration organized by CVM's WDC.	Geeta Manek Journalist Bombay.	Mrs. R.N. Vora , and 17 Girls students were Participated.
5.	09/03/2022	International Women's Day Celebration organized by BJVM	Prof. Dr. Smita Joshi Head-Department of Sociology, M B Patel Arts and Commerce College, Ahmadabad	120 Girls Students were Participated.
6.	15/03/2022	Basics of Self Defense, Karate Training	Kum. Neha R Paswan Black Belt	123 Girls Students were Participated.





# **SC/ST CELL Activity Report**

Convener : Dr. N.S.Paramr Members : Dr. J P Parmar

: Ms. J D Parmar

Sr. No	Date	Activity Name	Experts Details	Programme Details	Winners & Participants Details
1.	23/12/2021	Government Schemes and Scholarship awareness programme	1.Shri. AK.Shaikh, Deputy Director of Schedule caste and Welfare Department, Anand,  2.Shri.AakhashGarasia, Assistant of Welfare Department  3.Shri. IrfanRana. Senior Clerkof Welfare Department	Shri. A.K. Shaikh Gave information and made them aware on various schemes and scholarship providing by the Government to the Schedule caste students . He also guided about the Post metric scholarship, Foreign study scholarship, Food bill etcThereafter Shri.Irfan Rana guided Online Scholarship form fill-up procedure.	All SC/ST Students Participated.
2.	31/01/2022 to 04/02/2022	5 Days Karate Training Programme	Trainer: Shri. ChetanFumakiya, Director of Pratibha Academy, VV Nagar, Anand.	Knowledge of basic Karate Techniques like Hook kick, blocking kick, back attached techniques and its uses for self defense.	48 Girls were Participated





# Need of Women Empowerment



### Abala Means

"Not without Strength", but "whose Strength Cannot Be Measured"

-Shrí Umashankar Joshí

The history of Indian women is full of pioneers, who have broken gender barriers and worked hard for their rights and made progress in the field of politics, arts, science, law etc.

World population = + 750 crores

Women constitute about half of population: 375 crores

Total working hours by Women: 66.67% (2/3).

Women received about 10% of world income.

Women owned about 0.15% of total world property.

This is Grave injustice done by mankind to womankind from centuries.

People coming out of theatres are often seen appreciating the acting skills & amazing cast of the movie. Have you ever seen someone appreciate the costume designer, editor, scriptwriter, or anyone that has worked more than the cast behind the camera? Same is the situation of women in daily life. After taking care of the house, kids & even managing daily chores, they are not appreciated enough in our society.

How can we expect to grow in a world where women are not involved in decision-making or given equality? It has become vital to empower our women in society now more than ever. Women empowerment is not just about teaching women or involving women in the decision-making process, women empowerment is about gender equality, accepting their thoughts & viewpoints, appreciating their efforts & decision, letting them make their own life decisions without forcing them. Women's empowerment cannot be achieved in a day. It is a long chain of little efforts every day.

Students can bring this big change? Yes if they try they can bring a huge change in the society, they can uplift the position of women in the society. In your neighboring societies or nearest slums or even the girl child of your house helps you to be a mentor. If those girls are not enrolled in schools you can get them enrolled in your nearest educational facilities & teach them the benefits of education in life, you can also help them by donating books or clothes, you can also provide free tuitions to help them in the studies these are the thing we can do together to help a girl in need. There is no greater gift than education & if we can empower a girl by our efforts we should definitely help & bring a change in society.





Women empowerment is the need of the hour because it is high time we value and credit the women for their contribution and help them grow. Women empowerment can be referred to as equality or free from discrimination. There should not be a set notion of girls cannot play a certain sport like basketball because it's a man's game which is very regressive and wrong. There are so many women who are reduced to just being fit to work in the kitchen and not outside homes. These gender-defined roles are so narrow-minded and do not comply with modern times, where women are actually doing equally and better than men.

We have to be broad-minded and accept women as our equal's and not someone subversive. Women are selfless by heart and wiser in nature and stronger because of the experiences they have. When women are treated with respect and equality and paid deservedly, they lift up economies. Giving an education is the right start; it will make them independent and self-sufficient and an opinion to voice about their world views which are empowering.





# 10 strategies for better Time Management



You cannot manage time; you manage the events in your life in relation to time. You may often wish for more time but you only get 24 hours, 1,440 minutes or 86,400 seconds each day. How you use that time depends on skills learned through self-analysis, planning, evaluation, and self-control. Much like money, time is both valuable and limited: it must be protected, used wisely, and budgeted.

People who practice good time management techniques often find that they:

- Are more productive,
- Have more energy for things they need to accomplish,
- Feel less stressed,
- Are able to do the things they want,
- Get more things done,
- Relate more positively to others.

Finding a time management strategy that works best for you depends on your personality, ability to self-motivate and level of self-discipline. By incorporating some, or all of the ten strategies below, you can more effectively manage your time.

- 1. Know How You Spend Your Time: Having a good sense of the amount of time required for routine tasks can help you be more realistic in planning and estimating how much time is available for other activities.
- 2. Set Priorities: Managing your time effectively requires a distinction between what is important and what is urgent.
- 3. Use a Planning Tool: Time management experts recommend using a personal planning tool to improve your productivity. Examples of personal planning tools include electronic planners, pocket diaries, calendars, computer programs, wall charts, index cards and notebooks. Writing down your tasks, schedules, and memory joggers can free your mind to focus on your priorities.
- 4. Get Organized
- 5. Schedule Your Time Appropriately: Even the busiest people find time for what they want to do and feel is important.
- 6. Delegate: Get Help from Others: Delegation means assigning responsibility for a task to someone else, freeing up some of your time for tasks that require your expertise
- 7. Stop Procrastinating: You may be putting off tasks for a variety of reasons. Perhaps the task seems overwhelming or unpleasant. Try breaking down the task into smaller segments that require less time commitment and result in specific, realistic deadlines.
- 8. Manage External Time Wasters: Your time may be impacted by external factors imposed by other people and things. You can decrease or eliminate time spent in these activities
- 9. Avoid Multi-tasking
- 10. Stay Healthy: The care and attention you give yourself is an important investment of time.





# વાયુ પ્રદૂષણ



વાયુ પ્રદૂષણ એ ભારતની ગંભીર સમસ્યા છે. ભારતના મોટા શહેરોમાં આ સમસ્યા અતિ ગંભીર છે. દિલ્હીમાં ઓક્ટોબર ૫, ૨૦૧૮ ના રોજ હવાનો ઇન્ડેક્સ પહેલીવાર ૭૦૦ ના ખતરનાક સ્તરને ૫૨ કરી ગયો હતો. જે આ વર્ષમાં પહેલીવાર સામાન્ય કરતા ૫૦૦ પોઈન્ટ વધુ એટલે કે સૌથી વધારેમાં વધારે હતો. હવાની ગુણવત્તા સુરક્ષિત સ્તર કરતા ૨૦ ગણી ખરાબ સ્તરે પહોંચી હતી. દિલ્હીમાં PM ૨.૫ નું લેવલ ૬૪૪ કરતા વધુ હતું, જે ખતરનાક ગણી શકાય. ઉપરાંત હવાના સુક્ષ્મકણોનું પ્રમાણ એટલે કે PM ૧૦ નું પ્રમાણ ૪૦૦ ની પાર ગયું હતું જે ખતરનાક ગણવામાં આવે છે. લોકોને સવારે આંખ ખોલાતા જ આંખોમાં બળતરા થતી હતી. અને શ્વાસ લેવામાં તકલીક થતી હતી.સકદરજંગમાં વિઝીબીલીટી ૫૦૦ થી ૬૦૦ મીટર હતી.૧

પાટનગર નવી દિલ્હીમાં પ્રદૂષણ બેફામ વધી ગયું છે. દિલ્હી અને એનસી આર માં ઘણા સ્થળે વાયુ ગુણવત્તા આંક ૪૫૦ ના આંકને વટાવી ગયો છે. વહેલી સવારે ધુમ્મસ જેવુ પ્રદૂષણ એટલું સઘન હોય છે કે યાર પાંચ ફૂટ દૂરનું કશું નજરે પડતું નથી. દિલ્હીનું ઇન્દિરા ગાંધી ઇન્ટરનેશનલ એરપોર્ટ, આઇટીઓ, રોહિણી, દ્વારકા અને આનદવિહાર જેવા વિસ્તારોમાં વિજિબિલિટી શૂન્ય હતી. સેંટ્રલ પોલ્યુશન કંટ્રોલ બોર્ડના જણાવ્યા મુજબ આઇટીઓમાં એર ક્વાલિટી ઇન્ડેક્સ ૪૬૦ થી પણ વધુ હતો. દ્વારકામાં ૪૬૪, રોહિણીમાં ૪૭૮, અશોક વિહારમાં ૪૬૪, જહાંગીરપુરીમાં ૪૯૧, આનંદ વિહારમાં ૪૬૮ અને ઇન્દિરા ગાંધી ઇન્ટરનેશનલ એરપોર્ટ પર ૪૪૭ હતો. પર્યાવરનની દ્રષ્ટિએ આ સૌથી જેરી હવા હતી. ૪૦૧ થી ૫૦૦ સુધીનો ઇન્ડેક્સ સૌથી જેરી ગણાય છે. જે આરોગ્ય માટે ખતરનાક ગણાય. નોઇડા અને ગુરૂગામમાં પણ આ જ સ્થિતિ છે.3

ખનીજ બળતણના સળગવાથી લોકોના જીવ જઈ રહ્યા છે. જળવાયુ પરીવર્તન માનવતાની સામે મોટો ખતરો છે. કલાઇમેટ યેન્જ ના સ્વાસ્થ્ય પ્રભાવો સામે કોઈ સુરક્ષિત નથી. લોકોના સ્વાસ્થ્ય રક્ષણ માટે ઉર્જા, પરિવહન, પ્રકૃતિ, કૂડ સિસ્ટમ સહિત સહિત તમામ ક્ષેત્રમાં પરીવર્તનકારી કામગીરીની આવશ્યકતા છે. 3 રાજ્યના ઘણા શહેરોમાં હવા પ્રદૂષિત થઈ છે. કોલસાથી યાલતા ઉદ્યોગો સામે એર કંટ્રોલ એકશન કારગર નિવડ્યો નથી. GPCB નો પ્લાન અપૂરતો છે. રાજ્ય સરકારને સત્તા છે કે તે Air Act હેઠળ ઉદ્યોગોને નેયરલ ગેસ વાપરવા કહી શકે છે.

ભારતને ૨૦૨૦ માં ના હવાના પ્રદૂષણને કારણે ૨૭૧૪૪૬ કરોડનું આર્થિક નુકશાન થયું છે. જે જીડીપીના ૧.૪ ટકા છે.ગુજરાતને પણ વર્ષે રૂપિયા ૨૧૦૦૦ કરોડનું નુકશાન થઈ રહ્યું છે. જે વ્યક્તિદીઠ ૩૦૦૦ રૂપિયાનું ભારણ છે. હવાના પ્રદૂષણ આર્થિક નુકશાન ભોગવતા દેશના ટોપ ટેન રાજયમાં ગુજરાતનો ક્રમ ત્રીજો છે. પ્રથમ ક્રમે ઉત્તરપ્રદેશ અને બીજા ક્રમે મહારાષ્ટ્ર છે.





ભારતમાં વાયુ પ્રદૂષણને લીધે મૃત્યુ દર એક લાખની વસ્તીએ (૨૦૧૬) માં ૧૮.૪ હતો. કોલસાથી યાલતા ઉદ્યોગોને કારણે વાયુ પ્રદૂષણ ફેલાય છે.પ્રદૂષણથી ઓબ્સટ્રક્ટિવ પલ્મોનરી બીમારીઓ, શ્વસન તંત્રમાં ચેપ, ફેફસાનું કેન્સર, રહૃદય સંબંધી બીમારીઓ, સ્ટ્રોક, ડાયાબિટીસ, નીચોનેટલ ડીસ ઓર્ડર અને મોતિયા જેવી સમસ્યા પેદા થાય છે. જેના લીધે દવા તેમજ સારવારનો ખર્ચ થાય છે.પ્રદૂષિત હવા શ્વાસમા જવાથી લોહીની નળીઓ બ્લોક થાય છે. રહૃદય સબંધી બીજી સમસ્યાઓ પેદા થાય છે. જેની લાંબી સારવાર ચાલે છે. મોતની ટકાવારીમાં રાજ્યનો ક્રમ આઠમો છે.

Indian Council for Medical Research, Public Health Foundation of India, Institute of Health Metrics and Evaluation સહિત ની સંસ્થાઓના 300 સંશોધકોએ રિપોર્ટ જાહેર કર્યો છે. તેમાં જણાવ્યુ છે કે ૨૦૧૯ માં ભારતમાં વાયુ પ્રદૂષણને કારણે ૧૬ લાખ અને ૭૦ હજાર લોકોના મોત થયા છે. જે દેશના કુલ મોતમાં ૧૮ ટકા હિસ્સો છે. વર્ષ ૨૦૧૭માં ૧૨.૪૦ લાખ હતો. જે ટકાવારીમાં ૧૨.૫ ટકા હતો. જેમાં ગુજરાતમાં હવા પ્રદૂષણના કારણે ૮૭,૮૧૧ ના મોત થયા હોવાનું નોધાયું છે. આ વાત લેસેન્ટ ના રિપોર્ટમાં જાહેર થઈ છે.

Net Zero નો અર્થ એવો થાય છે કે હવામાં જેટલા જેરી તત્વો ઠલવાય છે એટલા જ જેરી તત્વોને કોઈને કોઈ રીતે દૂર કરવા. દુનિયાના મોટાભાગના દેશોએ ૨૦૫૦ સુધીમાં નેટ જીરોએ પહોચવાનું લક્ષ રાખ્યું છે. માત્ર વાયુપ્રદૂષણને કારણે વર્ષે ૭૦ લાખ લોકોના મોત થયા છે.

# • વાયુ પ્રદૂષણની પ્રતિકૂળ અસરો:

આરોગ્ય અને પરિવાર કલ્યાણ મંત્રાલયના નેજા હેઠળના ઇન્ડિયન કાઉન્સીલ ઓફ મેડિકલ રિસર્ચ, પબ્લિક હેલ્થ ફાઉન્ડેશન તેમજ ઇન્સ્ટીટ્યુટ ઓફ હેલ્થ મેટ્રિક્સ એન્ડ ઇવેલ્યુશન દ્વારા વર્ષ ૨૦૧૭ માં " India: Health of the Nation's States- The India State- Level Disease Burden Initiative" શીર્ષક હેઠળ પ્રકાશિત અહેવાલમાં દેશના રાજ્યોમાં વર્ષ ૧૯૯૦ થી ૨૦૧૬ દરમિયાનની માહિતીને આધારે આયુષ્યને અસર કરતાં પાંય જોખમી પરિબળો ઓળખી કઢાયા છે. જેમાં સામેલ છે – બાળક અને માતૃત્વ ફ્રપોષણ, હવાનું પ્રદૂષણ, આહારના જોખમો, હાઇ બ્લડ પ્રેશર અને ડાયાબીટીસ.

શ્વાસની બીમારીઓ માટે એક જવાબદાર કારણ હવાનું પ્રદૂષણ છે.હવાના પ્રદૂષણથી નાગરિકોના આરોગ્ય પર પ્રતિકૂળ અસર થઈ રહી છે. જેમાં વ્યક્તિની ખોરાકની ટેવ, વ્યાવસાયિક ટેવ, સામાજિક આર્થિક સ્થિતિ, તબીબી ઇતિહાસ, રોગપ્રતિકારક શક્તિ, આનુવંશિકતા વગેરે પરિબળો પણ અસર કરે છે.





# The Law of Happiness



"Happiness is not in things that you achieve, rather it is in your blood. You only need to recognize it."

After the birth of a child, from his innocent stage, the world is always trying to teach him. He is a little ignorant child in the eyes of everyone. Therefore, whoever the child comes across, try to teach him whatever the adult knows about life. So for the world, the child is always incomplete. Slowly the kid learns various things from his parents, surroundings, and schools. As he is not worthy, he had to work hard to become somebody and do something great. As the child grew up, he came to experience many things which the world wanted him to. He has now entered the world of a trap where he will be compared, judged, and mistreated for every action.

As days pass, his life every year changes a little bit more with new kinds of worldly emotions, stress, anxiety, and depression. The child who was once the happiest version in his innocent childhood stage is now slowly forgetting the emotion of happiness. Now, he has to work hard to get the same love that he was getting in his childhood. He has entered the world of competition where he has to achieve what the world wants him to. For him, the meaning of happiness now is to achieve what the world wants him to. So for whatever reason, if he is unable to do well on the expectations of the world, then he will not be loved.

Very Sad! Right? Hence, when he is not receiving any love and appreciation, he starts hating himself, feeling worthless, doubting his abilities, moving on a path of isolation, and losing all his spark in his life. The happiest version of himself now turned into the saddest part of his life. He lost all the hope and the fog of confusion in his mind making him believe again and again that he is unworthy and cannot make anyone happy. Surprisingly, the worldly image convinces him that he is not good enough, so he has to go away.

Sadly, if he is convinced that he is not worthy will take the path of killing himself. However, if not convinced then he will start finding the answers. He may even start trying again to achieve everything that he had lost. And he again will make the same mistake of fulfilling worldly expectations to become happy. He again tried very hard just for the appreciation and love for the others. This process will continue until he meets the wise person in his life who made him understand that to become happy, you don't have to prove your worth. Also, to get the purest form of love, you don't have to work so hard.

The wise man made him understand that your belief that you were incomplete is a worldly image. You came on this earth already as a complete person, and that's why you were the happiest version in your childhood stage. It is the world that made you think of unworthiness. And until you would achieve the things that the world wants you to, it will continue to make you feel like this.

To become happy, you have to decide your values. For this, try to think of everything and every decision that you had made to fulfill the worldly expectations and the level of happiness you gained.





# Why Motivation Is Important for Your Success and Happiness:



"Without self-respect, one becomes an unwilling audience of one's failing both real and imaginary"

Self-Respect is a quality which is extremely important for the dignity, confidence and personality of an individual. People with self-respecto have the courage of accepting their mistakes. They exhibit certain toughness; a kind of moral courage and they display character.

To live without self-respect is to live counting one's omissions and commissions. It is like lying down on an uncomfortable bed that we have made for ourselves! Whether or not we sleep in it depends on whether or not we respect ourselves.

A self-respecting person accepts responsibilities for one's own life and it's this source from which self-respect springs.

Self-respect is a kind of ritual which helps us to remember who and what we are. It is a sense of ones worth. It gives a person the ability! Discriminate, to love and to remain indifferent when one is faced with failures without self-respect, one is locked within one self and is incapable either love or indifference. If we do not respect ourselves, we, on one hand arc forced to hate those who have it and on the other hand we become blind our weaknesses.

Without self-respect, we are at the mercy of those, whom we hold I contempt, we play roles which are doomed to fail. It is a phenomenon which is sometimes called alienation from self to free ourselves from expectations of others. Without it, one runs away to find one self-trying t desperately reach home and find no one there Thus, self-respecting people do not need the crutches others to walk with. Without self-respect, one loses ones own identity, like trying to cross a border with borrowed credentials. Such people has low self-esteem, and lack confidence in their abilities. Need to remember that respect for ourselves guides our morals, while rasped for others guides our manners for winning the respect of others, we ne to respect our own selves first. There are endless potentialities in each of us, hence we need to believe in our strengths and we need to repeat!

Ourselves it all depends on me". Only when we love ourselves, gain confidence in our abilities believe in them and when we have a positive healthy self-image will others respect us.. The worst loneliness is not to be comfortable with ones own self thus life without self-respect is not worth giving because it is bereft of all dignity.

For acquiring self-respect, we need to learn who we really are and to accept ourselves as we are and live with that. It is better to displease people by doing what is right rather than to temporarily please them by doing what you know is wrong.

To sum up, Self - Respect is necessary for the Happiness of Human Beings.





# Dr. B R Ambedkar's View on Women Empowerment



#### Introduction

Dr. B R Ambedkar's approach to women's rights was futuristic. He worked hard not only for untouchables but also focused on education for the progress of women empowerment. He strongly believed that only education can bring Liberty, equality, fraternity, justice among the men and women of all religion.

### In Early age and women:

In early stage, the status of women was in a deprived state. The major responsibilities of women were dedicated in household work and they were not allowed to participate in other activities. They were also suffered from orthodox practice of polygamy, Sati Pratha, Child Marriage, Dowry, No right to education and many more. At that time women were considered to be caretaker of home and they were denied the right to education

#### The Education for Women:

"It is the education which is the right weapon to cut the social slavery and it is the education which will enlighten the downtrodden masses to come up and gain status, economic, betterment and political freedom." --- Dr. B R Ambedkar

Dr. B R Ambedkar's strongly believed that everybody treated equally irrespective of caste, creed, gender and religion. So that he started to work for the women's right. Dr. Ambedkar has given equal status among men and women by providing many provisions in the Indian constitution of women's strengthening and upliftment position.

#### **Constitutional Provisions:**

The Constitution of India contains various provisions, which provide for equal rights and opportunities for both men and women.

#### The salient features are: -

Article 14 All are equal in the eyes of law. It means there is no difference between men and women of all religion. It provided equal rights and opportunity in political, economic and social spheres.

Article 15 prohibits discrimination against any citizen on the ground of sex;

Article 15 (3) enables positive discrimination in favour of women and children.

Article 16 mentions there will be equal of opportunity for employment and without any discrimination on the basis of religion, caste, creed and sex.

Article 39 (a) and (d) imposes to provide equal means of livelihood and equal pay for equal work;

Article 42 imposes upon the State to make provisions for securing just and humane conditions of work.

Article 51A (e) enjoins a Fundamental Duty on every citizen to desist the derogatory to the dignity of women;

Article 243D (3), 243T (3) & 243R (4) provides for allocation of seats in the Panchayati Raj System.

### In Modern age and Women:

In the modern time, women have freedom of expiration and rights to equality as well as right for education. The women have completely transferred, women are Independent, takes decision and stands up for their rights. Nowadays women are well educated and rise as doctors, engineers, lawyers, politicians and in many other professional spheres and it's a possible because of Indian constitution play major role in the improvement and upliftment for the status of the women.

### Conclusion:

There has been a steady transformation in the status of the women in comparison to earlier periods. Women of today take part completely in areas such as politics, military sectors, economic, service, and technology sectors. Also, they have contributed in sports at national and international level too. Thus, they have occupied a dignified position in family and society. Indian constitution plays major role in the improvement and upliftment of the status of the women.





# Challenges of Working Women during Pandemic in India



The outbreak of the Novel Corona virus disease has drastically affected the lives of everyone around us. The never-imagined effects of such a pandemic are still being processed by us to adapt in our daily lives and respond to it. As per a global survey by Deloitte, "Nearly seven out of 10 women experienced negative shifts in their routine as a result of the Covid-19 pandemic believe their career progression will slow down." According to the report, Women@Work, on the effects of COVID-19 on the women workforce in the formal sector in India, over 80 percent of working women in India, who participated in the survey, said they have been negatively impacted in some form or the other during COVID-19 with the work-life balance becoming worse. As per the report, 38.5 percent of working women surveyed said they were adversely affected by the burden of added housework, childcare and eldercare while 43.7 percent said that work-life balance has become worse.

First challenge of working women is Lack of appropriate childcare. Most women are dependent on their relatives or neighbours to take care of their children while they're at work. But in urban areas of our country, which encompasses the majority of working women, the major dependency is on childcare and day school facilities. With the rapid spread of the virus and the schools closing down, the inadequacy to cater to the needs of child care arises. The mothers are out of ideas to keep their children engaged and focus on their education from home.

Secondly, women are more affected than Men. COVID-19 is hard on women as compared to men. The pandemic has drastically affected all sectors but most importantly the caretakers and the frontline health workers. In these sectors, women workers are more than men. With the lockdown taking unemployment rates above the sky, working women are struggling to balance their families and jobs at the same time. This has resulted in a large number of women especially mothers to cut down on their working hours or in some cases, eventually, quit jobs. The women have routine-dependent career choices that focus more on the needs of the family which creates a problem affecting them differently. There is a global increase in domestic violence cases that have been reported due to growing unemployment and mounting financial stress in families.

Third challenge is Low wages and salaries. The pandemic has bought forward the work-from-home culture that was not so popular in India. Due to this structure of working, many organisations have cut-down the salaries of employees as the economy has suffered too. The low wages and full-time work shift for women have arisen as a major issue that has led to a disrupted lifestyle for many families where the women are working.

On the other hand, building strong relations and health awareness is the major benefit of the current situation. The pandemic has created an effect on men to understand and step their foot into the life of a woman. With the lockdown situation, couples have divided their household chores like cooking, cleaning and taking care of children. This has resulted in building a strong relationship between them. Families have started spending quality time with each other in highs and lows due to this pandemic. The women are now concentrating more on their health and lifestyle. This pandemic has created awareness in the women to take care of themselves and practice self-love.



## BHATIA MANASVI TY BCOM

From: Your favorite child

To: God

Times were high

Times were low

But You were always there

who taught me to move with flow

What should I call You

My friend, my parent or my foe

You have seen me shattered

You have seen me shine and glow

You have been like air

Made my every problem blow

I know the reason behind every second

Was first You and only You bro!

Even though You were my foe in harder times

But my love for You was never far ago

You have been the director of the most interesting show (my life) And yes! May be I know You must be saying

"PICTURE ABHI BAKI HAI MERE DOST!"

## PATHAK TANNU FY BCOM

असफलता से मत डरो।
आदमी बुलबुला है पानी का
और पानी की बाती सत्.हा पर
टूटता भी है डुबता भी है
फिर उभभरता है, फिर से भरता है
ना समुंदर निगल शक है इसको
न तवरीख तोद पा.: हैं
वक्त की हथेली पर बहता
आदमी बुलबुला है पानी का
- गुलजार साहब
तो गुलज़ार साहब से प्रेरित होके ये वलोग लिखा है।
तुम नाकामयाबी से खामोश न होना:
अपनी काम्यबी से सबको खामोश करना..

लाइफ ना बोहत ही छोटी सी है हम उसे छोटी छोटी बातो

में उलझकर जटिल बना देते हैं।

हम छोटी छोटी नाकामयाबी से निराश होकर बड़ी बड़ी

कामयाबी का रास्ता छोड़ देते हैं।

असफलता कोई बुरी चीज नई है,
अगर आपने कभी असफलता का सामना नहीं किया इसका

मतलब आप कभी अपने आप में सुधार भी नहीं कर पाए।

तो कभी फेल होने से नहीं घबराना चाहिए

अपने आपको और बेहतर बना ने की कोषिश करना छै।

हमें ना कोई बड़ा होता है न कोई सुधार सकता है वो हम ही है जो अपने आपको संभल स्कते है। तो अपने आपको सुधरो असफलता से मत डरो।

क्या आप जानते है नाकसमयाब. का क्या मतलब होता है। असफलता का पूर्ण क्या रूप है

F - पहले

A - प्रयास

। - में

L - सीखना

आपने सीखने के लिए प्रयास ही नही किया तो अपने सिखा ही क्या...

अपने आपको सुधारओ
असफलता से मत डरो..
कभी भी असफलता मिले
सिर्फ एक बात याद रखना
अगर हार हासिल नहीं की
तो जीत की खुशी भी कम मिलेगी
और हार हसिल करने के बाद जीत हासिल की
दुगनी खुशी मिलेगी...

तो आपने आपको सुधरो असफलता से मत डरो....

### CHINESE'S GLOBAL ECONOMY CRISIS

Chinese government has decided to get high economy so he ordered local government that they had to work every small area to make reach and there was a lot of pressure of central government on local government so they decided to built more and more buildings.

But there is a problem that Chinese citizens didn't have too much money to build expensive house

Now china has 60 million empty houses. They don't even get price low because they took too much loan to do it.

There is a company named Evergrand which has owned 1.6 million apartments. In these year company's share market went down 80%.

The situation now going too worst so that if this company goes down, all world have to face global economic crises.

### Solutions:

1) They have to sold all assets of the company.

2) They have low the price of all houses and constructions.

# Lack of management skills in today's youth

in this fast-moving world, all the people are busy in various activities they do. And because of that there is a lot of chaos in everyone's life, due to that some people cannot handle the situation and eventually gets frustrated and also can go into depression.

Depression may result in loneliness, or can raise the risk of person's life.

You can handle depression and other related diseases...

Yes, it is possible!!! It is possible through proper MANAGEMENT in our day-to-day life.

Management is an activity which is universal, without its help it is tough for anyone to accomplish their goal.

"Management is nothing more than motivating other people"

### - Lee Lacocca

To manage your day-to-day activities and if you want to clear out the distractions, then friends you have to follow a strict schedule. And how is it possible? The answer is through "MANAGEMENT"

Students must understand that without management you will not be able to do anything.

So, remember one thing in life that, 'if you manage your work will help you live a happy and satisfied life.'

White pencil...

When I was in childhood my eyes used to find color pencils the pencil color box like our life when we find all the colors and we may have some likes and some dislikes so when I was small, I would pick the white pencil and throw it away. like some one of my life, very crucially

Do you remember how we would play games in teams, back in those days like khokho, ice-water, cricket and other how we would make 2 different teams and when friends number was odd then there would be one which would not belong to either of team, then friends would be encourage that one person Play form both teams, and finally that, maybe next time you play. I was that one person who always odd one

But then I grew I realized that so my friend also grew up. They didn't grow up, they just grew up. Then our distance too long that our friendship found a way to escape.

There birthday parties would be not at home, it's in restaurant and I would get to know about then after they were over it. seeing my grown up friend, I was thinking that grown up are really weird . To be honest no matter how grown we are all of us have that one moment in our lives, where our family is having a series discussion and your trying state an opinion but you're told to keep quiet because your too young .one thing that no one tells you that growing up is always an option and I was an lift behind . It's sad when one of your friend is recalling their friends and then he forgot your name and when I was in crowd but I can't able to be part of it I feel lost .

How the white color pencil felt when I threw it away that really karma is a bitch!!

But I tell you what. When life's filled with darkness like a black chart paper then people only look out white pencil color first. Amidst the black sky then will find white color to draw starts and moon you should always remember one thing that life of the last breath you look for the white in peace

And last time, I just want to say that if you ever feel like that thrown away, than just remember that one no idea about your value and you're importance so I am a while pencil color.

## "AMAZON-THE EAST INDIA COMPANY 2.0?"

AMAZON.COM is an American multinational company which focuses on E-commerce, cloud computing, digital streaming and artificial intelligence. It is the one of the Big Five companies in the U.S. Information Technology industry along with Google, Apple, Microsoft and Facebook.

EAST INDIA COMPANY was British, joint stock company founded in 1600, which seized control of large parts of Indian sub-continent, south-east Asia, Hong Kong and many other colonies.

Amazon being as major E-commerce sites has been referred as East India Company 2.0 by 'Panchjanya' - a Hindi weekly magazine arguing that Amazon is threatening economic freedom of small Indian traders. Amazon India has 31.2% {approx.} of market share. It is being criticized because of high discounts being offered, preferential treatment given to large sellers and the way they exploit small sellers by charging high fees and yet expect to give hefty discounts to customers. While this pandemic has caused 1 out of 6 small business to shut down and the Indian Economy has shrink by 23%, Amazon's astronomical earnings during same time only prove that their market share is enormous and growing. Yet, small traders can sell on Amazon but in order to successful they have to give much percentage of sales itself, advertising and distribution charges also.

Whatever East India Company did in 18<sup>th</sup> century to capture India, same is visible in activities of Amazon. Amazon is expected to establish monopoly in Indian Market. This type of concentrated market power is very disturbing trend in Indian economy, leading to decline in competition, fewer new jobs and further income inequality.

It is wisely said by former President of U.S.A Mr. Donald. Trump, "I have stated my concerns with Amazon long before the Election. Unlike others, they pay little or no taxes to state or local governments, use our postal system as their Delivery Boy [causing tremendous loss to the U.S.], and are putting many thousands of retailers out of business!"

# Vision leads to Happiness

As an individual, how many relations do we have?.. Many! Being a father, mother, brother, sister, best friend, or any business relation & the list is long. But have you thought about the purest relation? Some might say with their best friend, some with their parents or with a partner, but the purest relation in this whole universe of an individual is with our soul. Shree Bhagavad Geeta, the epic book of Hindu Indian culture, is filled with profound ideas about the spiritual connection in all things, and the soul is one way to connect. In this mostly scientific and fast-growing world, the discussions are concerned with the heart and mind, while the soul is undervalued.

Try to introduce yourself without any name, achievement, or skills, what we are? Just souls. We are all just souls having bodies. Bodies die, but souls are immortal.

Why is it necessary to know about this concept? Why is it important to connect ourselves spiritually? The speed of life, the greed, the hunger to earn, makes one person feel fed up and alone too. Surrounded by many, but the wifi of our heart is connected to one or two.

The spiritual connection will bring positivity and so the vision would be positive, greed would be subtracted and satisfaction would be added. It's all about vision and the choices we make according to our vision. Happiness is also a choice like health, fitness & making money. We make things confusing by seeing good and bad things. But there is nothing in this world that has meaning unless you attach a meaning to it. Nothing is as good or as bad as it seems. It's all about vision, how we see things or situations. There is always a way to see good in everything. Let's remember a song from the "Tare Zamin Par" film. The lines were

"Hum jese dekhe ye jahan hai wesa hi, Jesi nazar apni..."

We all are finding perfection in things which make sense to us. But you can't understand the soul using your senses. The senses are meant for the body, not for the soul. We think that sense gives us pleasure, but this pleasure is temporary and ends after some time. Remember that time is the player and we are the payers.

So what is happiness? Happiness is life. "Every man has two lives, and the second starts when he realises he has just one" — Confucius,

Real happiness lies in gratitude. Be grateful for what you have and you will always end up having more, but if you focus on the little things that you don't have or the things that you have lost, you will never have enough. Sometimes we are too busy thinking about the things that we don't have that we forget to appreciate the blessings that we do have. You are happy if you are grateful in the present. Live your life in the present and live your life fully. Don't die before your death. Be kind to yourself and others too.

## LACK OF FEELINGS, EMOTIONS, CARE AND LOVE.

### Based on a True Story.

Once upon a time, there was a boy named Darshan and a girl named Tanisha and they don't know each other. The girl was 2 years younger than that boy and that boy's sister was studying with that girl, many times that girl (Tanisha) seen these boy who is coming to pick his sister. And Tanisha started liking that boy she needs to contact with that boy for further communication. And finally she get that contact through social media.

The boy and girl talked with each other daily and gradually feelings started arise between both of them. For a long period they both talked, they wander with each other, share each and every private and public thing with each other. On one day, the girl proposed a boy for marriage. The boy replied positively to her. They both are in relationship for some period then they plan to say to his/her parents about these relationship. After a span of few years they said these thing to there parents and there parents agreed with these relation. After these they both were happy with each other but one day suddenly a girl denies for relation and a boy was tensed that what happens he actually don't know. Many questions started rising in a boy's mind that what would be the reasons that a girl is saying like that. He tried to contact to that girl for many times but that girl was not ready to talk with that boy. After some time a boy knows that she was cheating with him. Then also boy tries to take her back but she was not ready for that.......The boy was so hurted after these decision given by girl...Because boy provides every small thing to that girl and then also she left him...

MORAL OF THE STORY: In these selfish world there is a lack of feeling, emotions, care and love.

### WHY CAN'T INDIANS ACCULTURATE "SECULARISM"?

Secularism, what is the first thing that comes to our mind when this term pops up? Religious freedom? Atheism? Well, let's not make this complicated further. To be solemn with this term, as per Oxford dictionary secularism is the belief that religion should not be involved in the organization of society, education, etc.

Secularism in India was established with the 42<sup>nd</sup> amendment of the constitution of India which was ratified in 1976, thus the preamble of constitution declared India as a secular nation, a nation where state and religion were supposed to be kept separated. But the establishment of secularism was purely on paper because secular India with bounteous political parties is remotely impossible.

## Features of Indian secularism are:

- 1. Equal respect and recognition for all religions by the state.
- 2. No discrimination by the state on the basis of religion.
- 3. Non-interference in the functioning of any religion by the state.
- 4. No official religion in India.
- 5. An individual has the right to practice, propagate and profess any religion.

### SECULARISM IN INDIA:

The Indian concept of secularism is that the relations between state, society, and religion are not well defined. The risky position of religious minorities and the affiliations of political formations with religious fanatics pose severe challenges to the success and future of secularism in India. It can be admitted that secularism in India today is too politicized, and it is necessary to find ways to depoliticize secularism and to move it further into the domain of civil society. At the outset of the making of the Constitution, the concept of secularism was not expressly mentioned in the Indian Constitution. However, there are certain laws and provision which shows the existence of secularism in Indian constitution. But one thing is apparent as mentioned in the Indian Constitution, secularism does not mean anti-God or Atheist. Instead, it means the State should not have any religion. Supreme Court of India in the case of Indira Nehru Gandhi vs. Raj Narain held that secularism means that State shall have no religion of its own and all persons of the country shall be

equally entitled to the freedom of their conscience and have the right freely to profess, practice and propagate any religion. Yet, secularism in India is different from that of Western nations. And India does not wholly separate the state and religion. Probably this is where the misuse of this concept started which continues till now on account of vote bank politics.

So, India is a secular state but with exceptions and citizens of India are acculturating themselves with secularism but a lot of work is required to be done further for the betterment of society and true implementation of secularism in India.

# પ્રશ્ન ?

તમે કોણ ? તમે શું છો ? ઠું કોણ ? આવો સવાલ તમે તમારી જાતને પૂછયો છે ? પૂછતો તમારી એકાંત માં ક્યારેય પ્રશ્ન ! અને મેળવજો ઉત્તર…જવાબ…

તમે કાંઈ નથી આપણા જેવા સંખ્યાબંધ જીવો જગતમાં જન્મ લે છે અને મરે છે કોઇ નોંધ લે છે ? જગત જેની નોંધ લે, તેવું જીવન જીવો.....

જન્મ અને મૃત્યુ વચ્ચેનો સમય એટલે જ જીવન.આ સમય દરમ્યાન તમે કેવા કામ કરો છો તેના ઉપર તમારી કહાની લખાય છે.જીવંન સમય કાળમાં શું કરવું તે આપણા હાથ માં છે,માટે જ સદવિયાર અને સત્કર્મ કરો.

આજે જે ક્ષણ છે તે ફરી આવશે નહીં. સમય કાળ નિરંતર યાલ્યા જ કરે છે. ઘડી- બે ઘડીની ક્ષમા હસી ખુશીથી, સારા કર્મો કરીને વિતાવો.

હું કોણ છું જવાબ શોધો... અમૃલ્ય યીજ-વસ્તુ ખોવાઇ જાય ત્યારે શોધવા માટે જેવા પ્રયત્ન કરીએ છીએ તેના કરતાં પણ વધારે પ્રયત્ન કરો આજે આપણે ક્યાં ખોવાઈ ગયા છીએ ? તેની ખબર છે ?

આપણને આપણી જ ખબર નથી, આપણે તો બીજા ઉપર ખબર-નજર રાખીને બેઠા છીએ. હું જવાબ મળી જાય એટલે જ્ઞાનના દરવાજા ખુલી જાય…

# **NEVER STOP**

I was standing, the world moving And my heart pounding. Ready for a fight, To win a war and be bright. Victory was nigh, Like clouds in the sky. The result was shown. My dreams thrown unknown. I sat gravely before the window, Watching the dark that laid before me. I gave up on it after feeling the discomfort, But it still knocks my heart with all the effort. I know now that I can't let it go, Giving it another chance, letting it show, Sometimes, you must ignore to know, Fail in order to grow. Lose in order to gain, Because life's biggest lessons are learned in pain. I'll never let the self-doubt pass me by,

I'll never stop trying till the day I die!

# <u>કિંમત</u>

કોઈ કામ નાનું કે મોટું નથી હોતું એ તમારા મનનો ભેદ છે. કોઈ વ્યક્તિ નાની કે મોટી નથી હોતી.

શરીરનાં નાના નાના અંગ કે મોટા મોટા અંગનું મહત્ત્વ સરખું જ હોય છે. મશીનમાં જેમ મોટામાં મોટા પાર્ટ્સનું મહત્વ હોય છે, તેટલું જ મહત્વ તેમના નાના પાર્ટ્સનું પણ હોય છે જેમકે સ્ક્રુ. કોઈ ની કિંમત ક્યારેય પણ ઓછી હોતી નથી તેમજ ઓછી આંકવી નહીં દરેક પોતપોતાના સ્થાને મહાન જ છે. તેમજ વ્યક્તિએ પણ પોતાની જાતને ક્યારેય પણ નાની માનવી નહીં. વ્યક્તિએ પોતાની જાતની કદર કરવી જોઈએ.

રેકડી ચલાવતા મજૂરને આપણે નાનો ગણીએ છીએ અને મોંઘી મોટરમાં ફરતા ધનિકોને મોટા માનીએ છીએ તે ખરેખર સત્ય નથી તમારી વિચારવાની અને મૂલવવાની દ્રષ્ટિમાં ભેદ છે મોટાઈમાં મહાનતા નથી. શેરીની ચપટી ધૂળ ની પણ જરૂર પડે છે.

તમે તમારા મનથી નાના-મોટા માનો છો એટલે પહેલાં તમારા મનમાંથી આ નાના મોટાનો ભેદ કાઢો. અને વ્યક્તિ અમીર છે કે ગરીબ તે ન જોવું જોઈએ પરંતુ તેના ગુણ અને સંસ્કાર જોવા જોઈએ. તેમજ વ્યક્તિ અમીર હોય કે ગરીબ તેની હંમેશા કદર કરવી જોઈએ. દરેક વ્યક્તિમાં કંઈક ને કંઈક સારા ગુણ હોય જ છે ગુણો તો બધામાં જ હોય છે સારા વ્યક્તિમાં પણ હોય છે અને ખરાબ વ્યક્તિમાં પણ હોય છે ખરાબ વ્યક્તિમાં પણ અમુક સારા ગુણ હોય જ છે તેથી તેની પણ કિંમત ક્યારેય નાની આંકવી જોઈએ નહીં જો આપણે લોકોની કદર કરીશું તો લોકો આપણી કદર કરશે. એમાં કોઈ ભેદ નથી એ તો આપણે મનથી ઉભો કરીએ છીએ જ્યારે વ્યક્તિને સારું અને સાચું સમજાય ત્યારે ભેદ રહેતો નથી....