

#### B. J. VANIJYA MAHAVIDYALAYA

(Autonomous)

(Grant-in-Aid)

(Affiliated to Sardar Patel University)

# Vallabh Vidyanagar- 388 120, Dist. Anand, Gujarat, India

# Accredited with CGPA of 2.78 on four-point scale at B++ Grade by NAAC Syllabus as per the NEP 2020 with effect from December - 2024

### **Bachelor of Business Administration (General)**

#### Semester – II

Course Code	UM01SEBBA01	Title of the Course	Time Management	
<b>Total Credits</b>	02	House non woods	0.2	
of the Course	02	Hours per week	02	

Course	1) To comprehend the importance of time management and its		
<b>Objectives:</b>	fundamentals.		
	2) To recognize the sources of time waste and take appropriate action.		
	To organize and set priorities in accordance with one's objectives and		
	values.		
	To become knowledgeable about time management tools in order to		
	combat time wasters.		

Course Content			
Unit No.	Description		
1)	Introduction to Time Management:		
	Meaning, Characteristics, Objectives of Time Management		
	Significance of Time Management		
	Causes of Time Wastage		
	• Time Wasters: Office Environment, Meetings, Poor Delegation,		
	Internet, Televisions		
2)	Time Management Tools & Its Applications:	50%	
	Ways to overcome Time Wasters		
	• Planning Components and Time Management - Objectives		
	Policy, Programmes, Schedule, Strategies		
	Budget - Best Tools for Time Management		
	Goal Setting		
	Prioritizing		
	Weekly Plan		



Teaching-	The course would be taught /learnt through ICT (e.g. Power Point		
Learning	Presentation, Audio-Visual Presentation), Lectures, Group Discussions,		
Methodology	Quizzes, Assignments, Case Study and Browsing E- Resources.		

## **Internal and External Examination Evaluation**

Sr. No.	Details of the Evaluation / Exam Pattern	50 Marks (%)	25 Marks (%)
1	Class Test (at least one)	15 (30%)	10 (40%)
2	Quiz (at least one)	15 (30%)	05 (20%)
3	Active Learning	05 (10%)	
4	Home Assignment	05 (10%)	05 (20%)
5	Class Assignment	05 (10%)	
6	Attendance	05 (10%)	05 (20%)
	Total Internal (%)	50 (100%)	25 (100%)
	Final Examination (%)	50 (100%)	25 (100%)

Sr. No.	Course Outcomes: Having completed this course, the learner will be able to		
1)	The students will understand the concept of Time Management and practice time		
	management in personal and professional life.		
2)	The students will acquire knowledge regarding different time wasters and will be		
	able to identify ways to overcome time wasters effectively.		
3)	The students learn about time management planning components, strategies, Time		
	Tech System and will be able to utilize tools more skillfully.		
4)	The students will understand and apply time management tools and will learn		
	about budget, goal setting, prioritizing and weekly plan for creative time		
	management.		

Sr. No.	Suggested References:
1)	The seven habits of effective people by Stephen R. Covey Simon, Schuster Publishers,1990
2)	Managing Time for a Competitive Edge by Bharti R. L., S. Chand & Co.
3)	Graham Roberts, Phelps – Handbook of Time Management – Working Smarter, Crest Publishing House, New Delhi - 2003
4)	Dr. Jan Yager, Creative Time Management for the New Millennium, Mumbai, Jaico Publishing,2001
5)	The seven habits of effective people by Stephen R. Covey Simon, Schuster Publishers,1990



Sr. No.	On-Line Resources available that can be used as Reference Material	
1)	http://trongton.free.fr/books/self-help/Time%20Management%20(McGraw-Hill).pdf	
2)	https://cstn.wordpress.com/wp-content/uploads/2009/10/successful-time-management.pdf	
3)	https://www.youtube.com/watch?v=GBM2k2zp-MQ	
4)	https://www.youtube.com/watch?v=QIRqBtyyYvM	

Sr. No.	Name of Course	Committee	Signature
1)	Time Management	Dr. Samir M. Vohra, BJVM College (Convener)	
2)		Dr. Ankita Dholariya, BJVM College	
3)		Dr. Sameer J. Patel, Department of Psychology, SPU	
4)		Dr. Suyog Upasani, SPEC college	

